



## Artists Reception At ACT Gallery

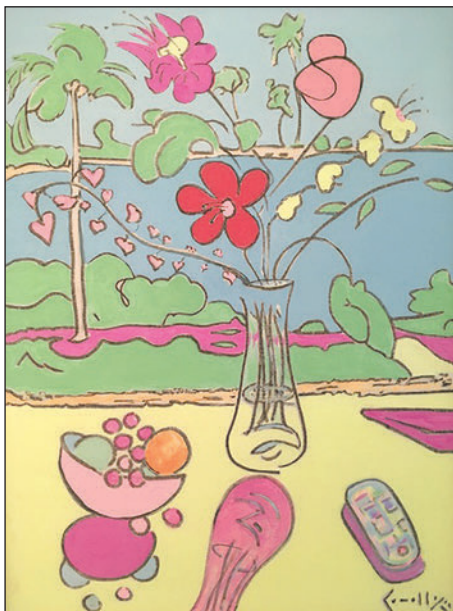


**Frida Shrine by Claudia Goode**

images provided

Arts for ACT Gallery will hold an artists reception during an opening exhibit on Friday, August 2 from 6 to 10 p.m. Artist Patrick Conolly will display his artwork in the main gallery, while there will be an open themed group exhibit for Altars, Shrines and Cabinets of Curiosities in the White Gallery.

Conolly has dabbled with the arts all his life. Using acrylics, his art appears



**Waiting 4U2 Call Me by Patrick Conolly**

spontaneously from his imagination. Most of Conolly's recent works celebrate and reflect the unique beauty of Southwest Florida. He plays with the surface of his canvases, making them smooth and shiny. His line work is minimal, while his colors

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**From left, Kea McElfresh, Nick Hernandez, Bill Owens, Andrew Florance, Leigh Shein and Steve Cobb**

photo provided

## Comedy Troupe Returns After Sold-Out Show

Fresh off their sold-out July performance at The Laboratory Theater of Florida, Scared Scriptless Comedy Lab is making an encore at the

downtown Fort Myers theater. The troupe of talented performers with a special guest will return Saturday, August 3 for a 7 p.m. performance.

The improv group will feature a unique musical style for another night of fun. Improv master Charles Patrick Gooch is joining Scared Scriptless Comedy Lab – comprised of Leigh Shein, Nick

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## Two Eclectic Shows Opening At Davis Center

The Sidney & Berne Davis Art Center (SBDAC) will host an opening reception for two exhibitions during Art Walk on Friday, August 2 from 6 to 10 p.m.

In the Main Gallery, Fort Myers Collects is an exhibition developed to show the most engaging and eclectic art that is privately owned by several local favorite art collectors. The Capital Gallery will showcase a group show titled Reimagined, featuring surreal and fantasy art created by eight talented artists.

Fort Myers Collects will offer visitors a look inside the hearts and minds of regional collectors in Southwest Florida. The paintings are made available to the SBDAC by members of the community for art lovers to enjoy, and include several pieces that have been donated to the center in recent years. Fort Myers Collects is a unique opportunity to share some of these collectors' most loved possessions.

Working on Fort Myers Collects has provided a chance for the SBDAC team to become acquainted with area collectors and to cultivate relationships with them.

In the Capital Gallery, local surrealist and fantasy artists Dharma Lefevre,



**Manticore by Dharma Lefevre**

images provided

Danielle Branchaud, Ananda Warrick, Ndola Pensy, Katie Vance, Michelle Caraway, Amanda Howell and Jeannie Coons have come together to create a show that illustrates how the fantastical inspires artistic creation. Fantasy art has always been rooted in lore, culture and religion that can be traced all the way back to Greek and Roman times. From fantastical creatures, heroes and epic

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**Art by Robert Rauschenberg**



**Child of the Old World by Danielle Branchaud**



Historic Downtown Fort Myers, Then And Now:

# Lingering Signs



by Gerri Reaves, PhD

Whether it's a humble handmade poster stuck in a window or a fancy LED fixture, a new sign is one of the first things that announces a location's change in identity. Conversely, abandoned or irrelevant signs are a less uplifting sight. They range from debris that didn't make it into the trash bin to a familiar sign that's evolved into a local landmark. Few people will miss the signs pictured here if they disappear tomorrow. Nevertheless, they symbolize contributions to the community, civic, or business life of Fort Myers. But take note: These signs are going to disappear soon if redevelopment plans are realized. So, if you want a last glimpse, hurry.

The words "Seaboard Ft. Myers Freight Station" were inscribed nearly a century ago on the railway building at Michigan Avenue just east of Palm Avenue. That structure was built after the Seaboard Air Line passenger station was constructed nearby on East Riverside Drive. That station was where the famous Orange Blossom Special glided into East Fort Myers for the January 1927 grand opening of the depot. The freight station might be less showy and decorative than the passenger station, but it too is architecturally valuable. In fact, the city's own 1982 assessment of historical resources deemed the station "significant." The Mediterranean-style building hasn't been a railroad freight station for decades and has lost its luster. For years, it has been part of a store-fixtured business. If the proposed Seaboard Waterside Apartments are built on the site, another piece of boom-time history will be gone. It's unlikely that anyone will worry about the historical significance of that "ATM Open" sign. The 5/3 Bank had been closed quite a while now, but the cheery bright blue sign indicates that at least a working ATM is close at hand (out of frame, right). A Hampton Inn is planned for that large parcel at Five Points. While the demise of the bank doesn't particularly interest the historic preservationist, the fate of the land might. On it once stood the 1885 home of Capt. William "Wild Bill" Towles, one of the



The Seaboard Air Line Railway freight station on Michigan Avenue was built at the end of the Florida boom. A large apartment development is planned for the site. photos by Gerri Reaves



The bank that operated on the historic Towles property at Five Points closed a couple of years ago, but the ATM will evidently be open until a proposed hotel project begins

town's most influential businessman, politician and just plain "character." A few years ago, the bank planned to build on the land. Fortunately, the home was saved in 2004 by a law firm that moved it across McGregor Boulevard. The firm lovingly restored it and, in 2008, the house was added to the National Register of Historic Places. Ultimately, the bank's plans for a new building didn't pan out, so it operated in a portable structure until closing. Stay tuned on the proposed hotel project.

Although an ATM sign will never pull the heart strings, that First United Methodist Church parking lot sign is another story. Perhaps it's self-indulgent to ask in this fast-changing world, but shouldn't all artifacts related to that beloved historic church at First and Royal Palm Avenue be disposed of properly? Sure, it's only a parking lot sign, but for former church members, that sign lying on the ground is one more painful reminder of the church's closing.

When it closed in 2016 and the property sold, it was the town's oldest, with a 144-year history.

There's talk of a large development coming to that block bounded by First, Fowler, Second and Royal Palm – of which the church was a portion – including a Holiday Inn on the southwest corner.

Walk through historic downtown and look for lingering signs of history. Then visit the following places to learn more. The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.



Fort Myers's oldest church closed three years ago, but this sign remains by the sidewalk

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**THE RIVER**  
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FROM THE BEACHES TO DOWNTOWN FORT MYERS

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## Ceremony Set For New Lee County Library

The community is invited to join Lee County officials for a ribbon-cutting ceremony at the North Fort Myers Library Monday, August 5 at 10 a.m. Immediately following the ceremony, the public will be able to enter the new library.

The 26,300-square-foot library, located at 2001 North Tamiami Trail in North Fort Myers, is a Lee Board of County Commission \$13.5 million facility. The North Fort Myers Library opening will be the first of two for the county this summer; the new Bonita Springs Library will open on a to-be-announced date in late August.

The new North Fort Myers Library replaces the 8,864-square-foot library that stood at the same site. The new building features dedicated interior spaces for children, teens and adults with comfortable seating and space for collaboration. There are 50 public-access computers available in addition to refreshed and expanded book and audiovisual collections. The new library offers ample public parking and a drive-up entrance as well as a drive-up book return.

Also included at the new building is a Social Services room staffed by the Lee County Human & Veteran Services Department and other community groups. There also is space for Friends of the Library and shelving for an ongoing book sale. The library is adjacent to Lee County Parks & Recreation's North Fort Myers Recreation Center.

"The opening of the new library is another historic milestone in the county's efforts to revitalize North Fort Myers," said Brian Hamman, acting chairman of the Lee County Commission. "This community hub with athletic fields, a recreation center and now a brand new expanded library will be a gathering place for generations to come."

Tours of the new library facility will be available following the ribbon-cutting ceremony, which is expected to last about 20 minutes. Informational displays from several county departments, including parks and recreation and human and veteran services will be set up. A grand opening community

celebration will be held at the new library on Saturday, September 7. Details will be announced soon.

Through Saturday, July 27 Lee County will need to provide limited service at the temporary North Fort Myers Library site at 50 Pine Island Road in North Fort Myers in order to transition to the new building. From July 30 through August 3, the North Fort Myers temporary site will be closed permanently.

The new library will have normal operating hours immediately following the August 5 ribbon cutting: 10 a.m. to 6 p.m. Monday, Wednesday and Thursday; noon to 8 p.m. Tuesday; 9 a.m. to 5 p.m. Friday and Saturday; and closed Sunday.

The Lee County Library System maintains 13 library branches of varying sizes, with robust collections and resources, to meet community needs. For branch locations and hours, visit [www.leegov.com/library/branches](http://www.leegov.com/library/branches).✱

## Pilates Business Hosting Benefits

The Club Pilates Fort Myers studios, owned by Shannon Willits and Steve Abbe, are holding benefits to support women and girls and rescue dogs in the community.

In August, the local pilates business is fundraising for PACE Center for Girls, Lee County all month with local events in the community as well as raising money in the studios. Proceeds from a Mommy and Me pilates class at The Little Gym on Friday, August 2 and a pilates mat class at Society in Bell Tower Shops on Saturday, August 10 will support Pace at-risk girls for the upcoming school year. Club Pilates sites are also a donation site for Love that Dress, a community fundraiser for Pace.

On October 19, Club Pilates Fort Myers is holding a Puppies and Pilates mat class at the Belle Tower Shops with proceeds benefiting the Humane Society.

Club Pilates Fort Myers West is located at 13211 McGregor Boulevard, Unit 105, in Fort Myers. For more information, call 602-7200 or visit [www.clubpilates.com/ftmyerswest](http://www.clubpilates.com/ftmyerswest).

Club Pilates Central is located at 6891 Daniels Parkway, Unit 145, in Fort Myers. For more information, call 603-7222 or visit [www.clubpilates.com/ftmyerscentral](http://www.clubpilates.com/ftmyerscentral).✱

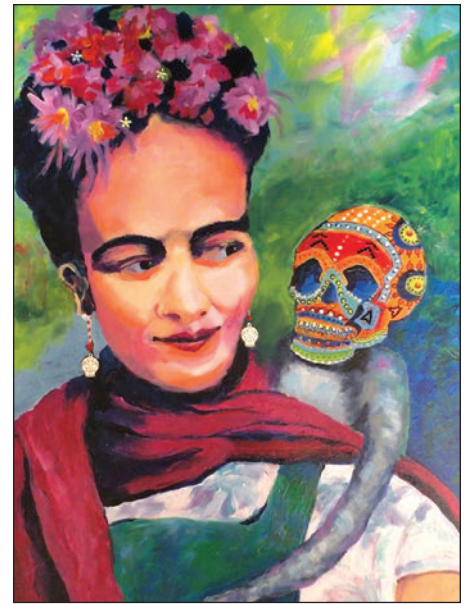
## Alliance Seeks Artists For Day Of The Dead Exhibit

The Alliance for the Arts is seeking artists to submit their work to Dia de los Muertos: A Juried Exhibit, coming in October. Artists should create pieces that showcase traditional Mexican sugar skulls merged with the artist's aesthetic. Categories are sculpture, painting (including oil, acrylic, collage, watercolor and mixed media), photography, prints and drawings. The exhibit is back by popular demand and runs from October 4 through November 2.

In many parts of Mexico, South America and the United States, Dia de los Muertos (Day of the Dead) is a time to remember and celebrate the lives of friends and family. More about revealing life than remembering death, this unique day encourages us to connect with loved ones while reflecting on the ties that bind the past to present.

This exhibit will be up during Pride, Italian Fest, Rocky Horror and other events. Artists may submit up to three artworks for consideration. All entries must be submitted online no later than September 20. To download the prospectus or submit artwork, visit [www.artinlee.org/sugarskulls](http://www.artinlee.org/sugarskulls).

The show's opening reception is October 5 from 5 to 7 p.m. with awards at 6 p.m. Opening receptions are free



Muse 1 by Bonnie Bohn images provided

and open to the public and feature light refreshments. There will be a \$250 prize for Best in Show, \$125 for 2nd place and \$75 for 3rd place.

Receptions and gallery talks are open to the public and do not require tickets or reservations. While gallery admission is free, a \$5 suggested donation keeps Alliance programming affordable and accessible.

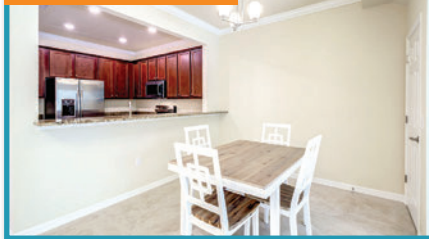
The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information about this exhibit, visit [www.artinlee.org/sugarskulls](http://www.artinlee.org/sugarskulls) or call 939-2787.✱

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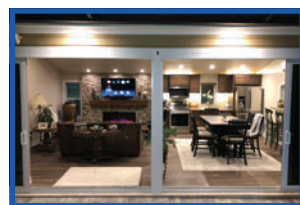
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Children received free school supplies and more at the annual Lipman Family Farms Backpack Giveaway photo provided

## Backpack Giveaway Event In Immokalee

A child's dreams shouldn't be defined by their family's financial circumstances. Lipman Family Farms opens doors for thousands of Immokalee-area children through the Lipman Family Farms Backpack Giveaway, an annual event now in its eighth year that provides free school supplies and other tools of success. Thanks to generous donations and community support, this year's giveaway,

set for Saturday, August 3 from 9 a.m. to noon at Immokalee High School, is poised to be the most prolific yet. "When you see the gratitude in the eyes of the children who come out, you understand why we put this together," said Jaime Weisinger, director of community and government relations for Lipman Family Farms, America's largest open-field tomato grower. "It's important to everyone at Lipman Family Farms to help these kids get where they're going." Ellerman and Pedro Mateo went a long way in part because of the help they received from Lipman Family Farms. The brothers who grew up in Immokalee attend prestigious Massachusetts prep schools this year. It was a boost to their

confidence just knowing that they had a community behind them, said Pedro, who attended Immokalee High School before transferring to the prep school in Boston. "I feel joy that the Immokalee community and Lipman are uniting for the purpose of serving the community and its inhabitants. Raising funds for backpacks may seem miniscule in terms of the many problems within the community, but it allows for a sense of support," he said. "This event allows people the chance to seek support and to understand that problems are not solved instantaneously, but one step at a time." Pedro helped assemble the backpacks a few years ago and, this year, volunteers from Lipman Family Farms and the surrounding communities filled them with items such as notebooks, folders, crayons,

glue, pencils and pens during a stuffing party on July 19. A litany of supporters and sponsors are getting involved, including the Harry Chapin Food Bank, which will provide food at the event on August 3. "This effort is gathering momentum, and for good reason," Weisinger said. "Every child deserves a fair chance at success." Students must be accompanied by a parent or guardian to collect their backpack and supplies. School supplies will be available for every child during the event. Immokalee High School is located at 701 Immokalee Drive in Immokalee. Call 657-4421 for answers to any questions about the event or to find out how to help.\*



John Kurdyla teaches students how Thomas Edison recorded voices photo provided

## Estates To Offer Voice Recording Demonstrations

International phonograph expert and author John Kurdyla will record and play back the voices of visitors, utilizing 19th century phonograph technology created by Thomas Edison and his staff, at Edison and Ford Winter Estates during two Friday demonstrations on July 26 and August 2. Both demonstrations will run from 11 a.m. to noon. Kurdyla has one of the largest private collections of phonographs and Edison memorabilia, and is an expert on Edison

recorded sound. A resident of Italy, he has presented his knowledge on 10 Italian National Television (RAI) shows. Kurdyla also authored the book *When Music Was Magic*, available in the estates' museum store. "Children and anyone with a curiosity about how sound is transmitted will enjoy this unique presentation," said Mike Cosden, chief operating officer and vice president at Edison and Ford Winter Estates. The presentations are included with admission and are free for Edison Ford members. Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, visit [www.edisonford.org](http://www.edisonford.org) or call 334-7419.\*

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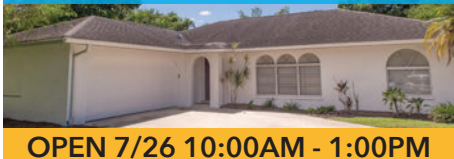
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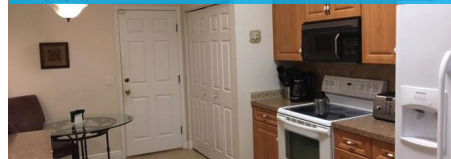
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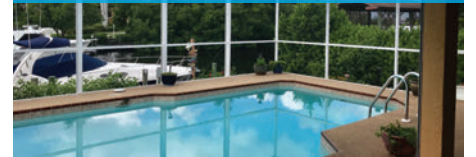
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## Fort Myers Art:

# Moon Museum Recall On Lunar Landing Milestone



by Tom Hall

Last Saturday was the 50th anniversary of the *Apollo 11* moon landing. But did you know that just four months later, Robert Rauschenberg, Andy Warhol and four other artists visited the moon with the



Robert Rauschenberg

photos courtesy www.artswfl.com

the assistance of an unnamed Grumman employee, one of them was surreptitiously attached to one of the *Apollo 12*'s LEM-6 landing legs and sent to the moon. When the Intrepid landed in the Ocean of Storms on November 19, 1969, the lunar module established an ersatz art museum on the surface of the moon.

So here's how the plan unfolded.

Myers gave the drawings to two Bell Labs engineers he was working with at the time. They promptly shrunk and etched the drawings onto between 16 and 40 ceramic chips. Then they secretly passed one of these chips to a Grumman employee known enigmatically as "John F." While *Apollo 12* was still sitting on the launch pad, John F sent a telegram to Myers stating, "You're on. A.O.K. All systems are go."

But is this fact, fiction or some type of urban legend that Moon Museum 6 concocted and perpetuated as an elaborate hoax or marketing campaign?

Bob Rauschenberg Gallery Director Jade Dellinger thinks that The Moon Museum is completely factual.



Forrest "Frosty" Myers

In fact, Dellinger avers, it's just the type of techno-heavy clandestine affair that would have appealed to Bob Rauschenberg during his self-proclaimed "dude period."

One of his pet projects in the late 1960s, Dellinger points out, was the short-lived Experiments in Art and Technology (subsequently referred to as EAT). That's where Bob met and fostered a strategic relationship with Billy Kluver, an imaginative engineer with a penchant for the avant-garde. With backing from IBM, EAT hosted nine evenings of theatre and engineering at the Armory on Lexington Avenue and 25th Street in lower Manhattan. Ten artists (including Rauschenberg), 30 engineers (including Kluver) and 500 volunteers took part.

It was a raucous affair.

"Frank Stella played tennis using a racket equipped with a tiny transmitter that amplified the noises and turned floodlights on and off," wrote John Richardson about the event for *Vanity Fair* in September of 1997. "A piece called *Spring Training* involved 30 rented turtles ... which crawled about the stage with flash lights strapped to their backs. But after Rauschenberg's Mud Muse – a huge vat of industrial drilling mud which bubbled and burped in response to auditory signals – set off a frenzy of mud throwing and smearing at the opening of an EAT show in Los Angeles, support evaporated.

Nevertheless, EAT attracted a coterie of inspired engineers who came to share Rauschenberg's conviction that technological innovation could – and in time would – advance art. Kluver was far from alone in joining Rauschenberg in that belief. One of his contemporaries, Fred Waldhauer, shared this conviction. A lunar module engineer at Grumman Aerospace, Waldhauer appears to have been the mysterious John F.

Lending credence to this supposition is the fact that Waldhauer wound up with a copy of The Moon Museum chip, which his wife, Ruth, donated to New York's Museum of Modern Art (MoMA) following her husband's death. Today, at 9/16 by 3/4 of an inch, The Moon Museum chip is the smallest item in MoMA's permanent collection (MoMA Number 124.1993).

Columbia University historian Gwendolyn Wright interviewed astronaut Alan Bean in 2010 for a segment on The Moon Museum chip produced by the History Detectives, but Bean claimed to know nothing about it. However,

another Grumman employee who served as launch pad foreman during the Apollo missions told Wright that launch pad crew members regularly hid objects aboard the Apollo spacecraft as a way of connecting themselves personally to the race with the Soviets and the cachet of being represented on the moon.

While it may be impossible short of a return trip to ever definitively prove that The Moon Museum chip actually sits on the lunar surface, it is similarly impossible to prove that it doesn't – which adds to the aura of the remaining chips.

But one thing is certain. The Moon Museum chips actually exist. And you don't have to travel to MoMA to see one. Bob Rauschenberg Gallery Director Jade Dellinger has one!

"One of the chips surfaced on eBay one day," Dellinger discloses. "I'd heard rumors of Bob Rauschenberg and Andy Warhol being the first artists in space, so I sent a quick email to the seller, who turned out to be a descendant of one of the engineers on the *Apollo 12* mission and we consummated the sale."

Dellinger displayed his chip in a "rather beautiful blue illuminated vitrine display case" that he designed for the Moon Museum Exhibition by Georgian artist Konstantin Mindadze in Georgia to commemorate the 44th anniversary of the *Apollo 12* moon landing, an exhibition that later landed at the Bob Rauschenberg Gallery in the auspices of *The Moon Museum (1969): Apollo XII's Secret Art Mission* from August 22 to September 27, 2014.

The Moon Museum is not the only art on the moon. Less than two years after Intrepid landed in the Ocean of Storms, Apollo 15 Commander David Scott placed a 3½-inch-tall aluminum sculpture in a crater near his parked lunar rover in moon's Hadley-Apennine region, between a meandering gully and a range of steep mountains. Cast by Belgian sculptor Paul van Hoeydonck, *Fallen Astronaut* pays tribute to all the astronauts and cosmonauts who lost their lives during the space race between the U.S. and Soviet Union.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✴

From page 1

## Eclectic Shows

legends, these themes are dynamic and fluid and invite the viewer into a world of fantastical daydreams. In the late 1970s, fantasy art came more to the forefront with a surge in interest with movies, games and album covers. Over the years, fantastical and surrealism has felt a reawakening and is becoming an inspiration for modern artists that breathe new life into these ages-old chimeras and mythos.

Both exhibitions close on Thursday, August 29 at 4 p.m. General admission is a \$1 entry donation.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit [www.sbdac.com](http://www.sbdac.com) or call 333-1933.✴

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ReadingPals volunteer Sherry Stokes with two students

photo provided

## Volunteers Needed For Reading Program

United Way of Lee, Hendry, Glades, and Okeechobee is recruiting volunteers for the United Way ReadingPals program to read to 4- and 5-year-olds at 19 school sites in Lee and Hendry counties. ReadingPals offers volunteers opportunities to build meaningful relationships with young children while helping them improve their social-emotional development and early literacy skills.

The ReadingPals literacy program requires a commitment of only one hour a week during the school year. During this time, Pals are matched with pairs of pre-k or kindergarten age children who need extra help. Pals build a meaningful relationship by providing the individual attention many kids need to thrive.

Volunteers are needed in all areas of the community. The schools in Lee County are: Bonita Springs Elementary,

Hector Cafferata Elementary, Christa McAuliffe Elementary, Cape Child Development Center, Colonial Elementary, The Early Childhood Center, Health Park Child Development Center, J. Colin English Elementary, GLAD Kids, Lee Memorial Child Development Center, New Horizons Afterschool in Estero, Orangewood Elementary, Orange River Elementary, Pinewoods Elementary, Sunshine Elementary and Villas. In Hendry County, ReadingPals volunteer at Krome Child Development, Children's Garden in LaBelle and Harlem Academy in Clewiston.

The program is supported by the Children's Movement of Florida. To learn more, contact Nancy Coker at [nancyc@unitedwaylee.org](mailto:nancyc@unitedwaylee.org) or 433-7544. To sign up, visit [www.unitedwaylee.org/volunteer/readingpals](http://www.unitedwaylee.org/volunteer/readingpals).

ReadingPals is a program of the United Way Volunteer Center. The United Way Volunteer Center connects individuals and companies to volunteer opportunities throughout the community. You can reach the United Way Volunteer Center by calling 433-433-7567, or by visiting [www.unitedwaylee.org](http://www.unitedwaylee.org).\*

## Music Fundraiser For Shelter Animals

The Rockin' 4 Paws Summer Meltdown music extravaganza benefit will be held at Old Soul Brewery on Saturday, July 27 from 2 p.m. to midnight.

The all-ages event, which is produced

by Crashland Presents and benefits the Gulf Coast Humane Society (GCHS) shelter animals, will feature 11 local rock bands.

Tickets for the 10-hour music marathon are \$8, with a majority of those proceeds being donated to GCHS. Old Soul Brewery is brewing a special batch of craft beer especially for the Rockin' 4 Paws event.

"The Rockin' 4 Paws event is a unique opportunity to showcase local

music, as well as help our shelter animals," said GCHS executive director Jennifer Galloway. "It's wonderful to see the community step up for our animals and this event will definitely be a fun one."

Besides music and beer, there will be tailgating games such as cornhole and ladder ball. Currie's Smokin' Hot BBQ food truck will also be on site. Raffle prizes will also be available with proceeds benefiting GCHS.

Bands that will be playing throughout Rockin' 4 Paws Summer Meltdown include Mommy's Little Monsterz, Irra's

One, Seven Sins, Tomb of Ligeia, Vilest Breed, Dead Ritual, Silhouettes on Screen, For the Struggle, Hellfrost, Nausatep and Fathom.

Rockin' 4 Paws debuted this past February with three bands – Zen, Dead Ritual and Germany's top Metallica tribute band, Metal Militia – helping raise funds for GCHS. The event, held at Chicago Boys in Fort Myers, raised over \$3,500.

Old Soul Brewery is located at 10970 South Cleveland Avenue, Suite #402, in Fort Myers.\*

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## Along The River

The Fort Myers Miracle, the Class A Advanced Affiliate of the Minnesota Twins, will host Christopher McDonald (aka Shooter McGavin) during **Happy Gilmore Night at Hammond Stadium** this Friday, July 26. The game, versus the Lakeland Flying Tigers, begins at 7 p.m.

Besides meeting Shooter McGavin, *Happy Gilmore* Night will have a golf giveaway and post-game fireworks.

Hammond Stadium is located in the CenturyLink Sports Complex at 14100 6 Mile Cypress Parkway in Fort Myers. For more information, visit [www.milb.com/fort-myers](http://www.milb.com/fort-myers).

Edison and Ford Winter Estates is offering **Yomassage classes** in the nearby air-conditioned lecture hall of the **South Florida Water Management building** this Saturday, July 27 at 11 a.m. and 2:30 p.m.

Yomassage is a fusion of relaxing and supported restorative yoga positions with hands-on massage therapy. During the class, participants hold each position for approximately eight to 10 minutes while a massage therapist performs manual massage techniques. Participation is limited to five students per class, and each class lasts approximately 90 minutes.

Benefits of Yomassage can include improved joint range of motion and neuromuscular balance, and reduced joint surface compression, all of which can lead to a reduced chance of injury. Yomassage classes are \$55 for Edison Ford members and \$65 for non-members.



Meet Christopher McDonald on *Happy Gilmore Night* at Hammond Stadium on Friday  
image courtesy [www.milb.com/fort-myers](http://www.milb.com/fort-myers)

Tickets can be purchased at the membership desk, the ticket counter or online at [www.edisonford.org](http://www.edisonford.org). Advanced reservations are encouraged as space is limited.

The classes are taught by Dolores J. Gozzi, a licensed massage and alternative therapist. Gozzi also has a Yomassage certification.

The South Florida Water Management building is located at 2301 McGregor Boulevard in Fort Myers. Registration is available online at [www.edisonford.org](http://www.edisonford.org).

**Fleamasters Fleamarket** will host a **Summer Beach Party** this Sunday, July 28 beginning at 9 a.m.

The party will feature live beach music from Steely Pan and The Hurricane Band, food and drink specials, a cornhole tournament, a watermelon eating contest and more. Admission and parking are free!

The Corn Hole Tournament begins at 10 a.m. The first place team receives pair of round trip tickets aboard the *Key West Express*. Registration is required. Cost is

\$20 per team.

The watermelon-eating contest begins at noon. First-, second- and third-place winners in each age group receive a year's bragging rights and official speed eating medals. First place winners also receive prize packs including Flea Dollars to spend in the market.

Fleamasters Fleamarket is located at 4135 Martin Luther King Jr. Boulevard in Fort Myers. For more information, visit [www.fleamall.com](http://www.fleamall.com).

The **Edison and Ford Winter Estates** will celebrate **Henry Ford's 156th birthday** this Tuesday, July 30. The day will start off with a free presentation about Ford at 11:30 a.m. on the museum porch (regular admission prices apply to tours of the homes, museum and lab). Cookies and lemonade will be served.

Both guided and self-guided tours are available and visitors can learn about the inventions of both Ford and Thomas Edison and how the two men became acquainted. During tours, site historians explain that Ford worked for Edison, they became research partners and eventually good friends.

The Edison and Ford Winter Estates, open daily from 9 a.m. to 5:30 p.m., is located at 2350 McGregor Boulevard in Fort Myers. For tour times and admission rates, visit [www.edisonford.org](http://www.edisonford.org).✪

## Montage Women's Club

The Montage Women's Club is a social and philanthropic club open to all women residing in Lee County. The group meets on the fourth Thursday of each month at The Landings Yacht, Golf and Tennis Club (off McGregor Boulevard, south of College Parkway). Meetings begin at 11:30 a.m. for lunch with program to follow. Within the organization are various interest groups for members' participation. Membership is open to both year-round and seasonal residents.

On Thursday, August 22, a massage therapist will speak on the health benefits of massage therapy. Mini back massages will be offered before the meeting as well as hand "facials" given by an aesthetician. For more information or to make reservations, call 481-7765.✪

## August Programs At Fort Myers Library

Next month's roster of activities at Fort Myers Regional Library offers topics for all ages. The following activities are free to the public:

### Adult Programs

Knitting Nook: 1 p.m. Thursdays, August 1, 15. Location: Meeting Room AB – A casual self-guided group of knitters and crocheters share ideas, techniques and patterns. Attendees should bring their own projects. Basic supplies available for newcomers.

Coloring for Adults: 10 a.m.

Tuesday, August 6. Location: Main Library Building, Conference Room C – Researchers and art therapists alike have touted the calming effects of coloring, and adults have found this childhood activity a refreshing way to release their creativity, relieve stress and meet other participants. Coloring pages designed especially for adults and colored pencils, will be provided.

Adult Card Crafting: 9:30 a.m.

Wednesday, August 7. Location: Meeting Room BCD – Participants will learn new techniques and take home several themed cards. All materials supplied. Sponsored by the Friends of the Fort Myers Regional Library. Registration is required.

Women in the United States Military: 9:30 a.m. Saturday, August 10. Location: Meeting Room AB – Speaker: Sonia Raymond, director of Southwest Florida Military History Museum, will present highlights and achievements of women who have served in the military from colonial times to the present. Registration required.

Book Discussion *Hindsight: & All the Things I Can't See in Front of Me* by Justin Timberlake: 3 p.m. Monday, August 12. Location: Main Library Building, Conference Room C – This book discussion series focuses on memoirs and autobiographies. Read the book selection ahead of time and come to discuss.

Scrapbooking Social: 1 p.m.

Tuesday, August 20. Location: Meeting Room AB – A casual self-guided group of scrappers share inspiring ideas and techniques. Attendees should bring their own scrapbooking projects. Library paper, scissors and other supplies are available.

Book Discussion *A Piece of the*

continued on page 16



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## Rotary Club To Honor Local Heroes At Ball

The Rotary Club of Fort Myers South is setting the stage for the heroes of Lee County law enforcement at the 6th annual Law & Order Ball. This year's event, themed Super Heroes, will be held on Saturday, September 14 at Hertz Arena, located at 11000 Everblades Parkway in Estero.

Designed to thank local law enforcement agencies, the event raises funds for the Rotary Club of Fort Myers South Foundation, which provides grants to Lee County law enforcement agencies and local non-profit education organizations. A portion of funds raised at the event will be distributed among the honored agencies for their youth programs, which serve thousands of deserving children throughout Southwest Florida.

The annual Law & Order Ball recognizes and honors the everyday heroes of the following Lee County law enforcement agencies: Cape Coral Police Department, Florida Gulf Coast University Police Department, Florida Southwestern State College Police Department, Fort Myers Police Department, Lee County Port Authority Police, Lee County Sheriff's Office and Sanibel Police Department. One hero from among all participating agencies will be recognized during a special



**Lee County Sheriff's Office Sergeant Sylvester Smalls was honored as the 2018 Officer of the Year** photo provided

presentation of the prestigious Officer of the Year award.

This black-tie optional gala also features cocktails, hors-d'oeuvres, formal dinner, silent and live auctions, and entertainment. Tickets for the Law & Order Ball are \$175, or \$1,750 for a table for 10. Those unable to attend can still participate by contributing to Fund-A-Cop, allowing an officer to attend the gala in their place.

Creighton Construction and Development has returned for the sixth year as the Law & Order Ball's

presenting sponsor. Additional sponsors include: Bank of the Ozarks, Cape Coral Chrysler Dodge Jeep Ram, Edison National Bank, FineMark National Bank & Trust, Fort Myers Police Department, Gravina, Smith, Matte & Arnold Marketing and Public Relations, Geraghty, Dougherty & Stockman, PA, Henderson Franklin Attorneys at Law, Lee County Sheriff's Office, Mark Loren Designs, Millennium Physicians Group, Park Royal Hospital, Premium Deli Provisions, Suncoast Credit Union, Southwest Florida Public Service Academy, Wells Fargo Advisors and WINK News.

Sponsors, silent auction items, and other contributions are welcomed for this year's program. For more information about the event, to become a sponsor, or to make a contribution, visit [www.lawandorderball.org](http://www.lawandorderball.org) or contact Allie Andrews at [allie@gsma.pro](mailto:allie@gsma.pro). For all other inquiries, contact 277-6295.\*

## Skills To Succeed Academy Program

Goodwill Industries of Southwest Florida is helping job seekers develop the skills needed to find and keep that perfect job. The Skills to Succeed Academy is an innovative, interactive on-line training program, designed specifically to help young

people to choose the right career and find and keep a job. It gives young people the motivation to take ownership of their own future and helps them understand what employers are looking for.

"It is engaging and different – like a flight simulator for the world of work," said creators at [www.s2sacademy.org](http://www.s2sacademy.org).

The easy to use program uses videos, quizzes, gaming techniques, activities, real life scenarios and simulations to support 15 to 24 year olds. Though it's geared toward younger users, the program can be a valuable tool for job seekers of all ages and employment advisors. Through online learning content and off-line exercises, the self-guided modules develop soft skills and build confidence.

The Skills to Succeed Academy is being made available for free at area Goodwill Job-Link Centers in Lee, Collier, Charlotte, Glades and Hendry counties, and through the Goodwill Mobile Job-Link.

"We are expanding our digital training program and offering this free program to help people overcome barriers to employment and get the tools they need to succeed," explained Fred Richards, Goodwill of SWFL's vice president of community supports and services. "This is another certification we offer to help open doors to employability and career enhancement."

For more information about Goodwill Industries, job-link locations and contacts, visit [www.goodwillswfl.org](http://www.goodwillswfl.org).\*

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OBITUARY



**DR. BERNARD KATCHEN**  
Dr. Bernard Katchen, age 91, passed away while residing at Thrive at Beachwalk in Fort Myers, Florida on July 6, 2019. He was born in Brooklyn, New York in 1928 to Morris and Esther Katchen. His wife Lola passed away in 2004. They celebrated 53 years of marriage. Bernard is survived by his daughter Beth Bogen and her husband Russell Bogen, son Roger Katchen and grandson William Bogen. His sister, Mary Katchen, passed away in 1990.

Bernard received a BS in chemistry from City College of New York in 1949. In 1951, he received a MSc in biochemistry from Ohio State University and in 1956 he earned a doctorate (PhD) in biochemistry from New York University. Bernard had a 30-year career at Schering & Plough Corp. in New Jersey as a research biochemist. In 1993, Bern retired to Sanibel with his loving wife Lola. Bern enjoyed life on Sanibel and was involved with BIG ARTS, coordinating programs of opera and jazz. Donations in memory of Bernard Katchen may be made to FISH of SanCap, 2430-B Periwinkle Way, Sanibel, FL 33957. Dr. Katchen's daughter will host a mermorial service.\*

Women's Ministry Event At Church

The Faith Center will host a Women's Ministry Event on Saturday, July 27 at 11:30 a.m. A light lunch will be served. Special speaker Kathy Seeforth will discuss being an overcomer. All ladies are welcome. The Faith Center's Women's Ministry meets monthly and provides a great opportunity for women in the church to fellowship and minister to one another. The goals of the Women's Ministry are to encourage, nurture and equip women for victorious living.

For more information, contact Chanel Gortaire at 278-3638 or info@thefaithcenter.com The Faith Center is located at Harbour Plaza at 17650 South Tamiami Trail, Suite 212, in Fort Myers. For more information, contact Chanel Gortaire at 278-3638 or info@thefaithcenter.com.\*

Advertising Federation Relaunches

A powerful force for advertisers is jump-starting its next phase. The American Advertising Federation-Southwest Florida chapter will celebrate its reactivation with a kickoff event and swearing-in ceremony at the Sidney & Berne Davis Art Center on Thursday, July 25 from 5:30 to 7 p.m. in downtown Fort Myers. The group better known as AAF-SWFL is a professional advertising club and political action organization devoted to the protection and promotion of advertising in Southwest Florida. Now accepting membership applications, AAF-SWFL is open to advertisers, agencies, media companies and advertising service providers in Lee, Collier, Charlotte, Glades and Hendry counties. The evening will include guest speakers, presentations and the inauguration of officers and members

of the board of directors. Special guest Barry Wallace, the 2019-20 chairman of the American Advertising Federation's Council of Governors, will conduct the swearing-in ceremony. Cocktails will be served from 5:30 to 6 p.m., followed by light hors d'oeuvres from 6 to 7 p.m. Tickets for the event are \$30 for members, \$35 for non-members and include admission and one beverage ticket. To register visit www.aafswfl.wildapricot.org/event-3407905. Established in 1905, the American Advertising Federation acts as the "Unifying Voice for Advertising." Commonly known as AAF, its membership is comprised of the nation's leading advertisers, agencies and media companies, a national network of local clubs representing 40,000 advertising professionals, and more than 200 college chapters with 5,000 student members. The American Advertising Federation-Southwest Florida chapter is a 501(c)(6) nonprofit organization serving Lee, Collier, Charlotte, Hendry, and Glades counties. AAF-SWFL hosts a number of programs and initiatives that support its membership through government relations, professional development, advertising education, mentorships, workplace diversity and inclusion, and recognition of excellence. To become a member, email the AAF-SWFL membership team at membership@aafswfl.com or visit www.aafswfl.com.\*

**Churches/Temples**  
**ALL FAITHS UNITARIAN CONGREGATION** Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.  
**ALL SAINTS BYZANTINE RITE CATHOLIC** Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.  
**ANNUNCIATION GREEK ORTHODOX** Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.  
**BAT YAM-TEMPLE OF THE ISLANDS** Friday Shabbat at 7 p.m. www.batyam.org, 2050 Periwinkle Way, 579-0296.  
**BETH YESHUA MESSIANIC SYNAGOGUE** Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.  
**BIBLESHARE** 10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.  
**BREAD OF LIFE MINISTRIES** Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.  
**CHABAD LUBAVITCH ORTHODOX** Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.  
**CHAPEL OF CYPRESS COVE** Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.  
**CHURCH OF THE CROSS** Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.  
**CONGREGATIONAL** Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.  
**COVENANT PRESBYTERIAN** Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.  
**CYPRESS LAKE BAPTIST** Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive,

481-5442.  
**CYPRESS LAKE PRESBYTERIAN** Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.  
**CYPRESS LAKE UNITED METHODIST** Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.  
**FAITH UNITED METHODIST** Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.  
**FIRST CHURCH OF CHRIST, SCIENTIST** Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.  
**FIRST CHURCH OF THE NAZARENE** Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.  
**FIRST UNITED METHODIST CHURCH** Sunday 9:30 a.m. and 5:30 p.m. www.fumcftmyers.org, 2466 First Street, 332-1152.  
**FORT MYERS CHRISTIAN** Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.  
**FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;** Sunday 10 a.m., 8210 College Parkway, 482-3133.  
**FIRST PRESBYTERIAN CHURCH OF FORT MYERS** 11 a.m. Sunday, www.fpcfortmyers.org, 2438 Second Street, 239-334-2261  
**IONA-HOPE EPISCOPAL CONGREGATION** Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.  
**JESUS THE WORKER CATHOLIC** Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.  
**KINGDOM LIFE** Sunday 10:30 a.m., 2154 McGregor Boulevard, 218-8343.  
**LAMB OF GOD** Sunday 7:45 and 10 a.m., www.lambofgod

church.net, 19691 Cypress View Drive, 267-3525.  
**NEW BEGINNINGS CENTER** Friday 6:30 and 7 p.m. nbcministry@embarqmail.com, facebook.com/nbcministry, 8505 Jenny Cae Lane, 656-0416.  
**NEW COVENANT EYES** Monthly 9 a.m., www.newcovenanteyes.com, 1900 Park Meadows Drive, 220-8519.  
**NEW HOPE BAPTIST** Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.  
**NEW HOPE PRESBYTERIAN** Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.  
**PEACE COMMUNITY** Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.  
**PEACE LUTHERAN** Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.  
**REDEEMER LUTHERAN** Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.  
**RIVER OF LIFE ASSEMBLY OF GOD** 8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.  
**SAMUDRABADRA BUDDHIST CENTER** Meditation classes. www.MeditationInFortMyers.org, 567-9739.  
**SAINT COLUMBKILLE CATHOLIC** Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.  
**ST. FRANCIS XAVIER CATHOLIC** Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.  
**SAINT JOHN THE APOSTLE METROPOLITAN** Sunday 10 a.m., 3049 McGregor Boulevard,

344-0012.  
**SAINT MICHAEL LUTHERAN** Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.  
**SAINT NICHOLAS MONASTERY** Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.  
**ST. VINCENT DE PAUL CATHOLIC** Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.  
**SOUTHWEST BAPTIST** Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.  
**TEMPLE BETHEL SYNAGOGUE** Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.  
**TEMPLE JUDEA (CONSERVATIVE)** Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.  
**THE FAITH CENTER** Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.  
**THE NEW CHURCH** Sunday 11 a.m., www.newchurchflorida.com, 10811 Sunset Plaza Circle #401, 481-5535.  
**UNITARIAN UNIVERSALIST** Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.  
**UNITY OF FORT MYERS** Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.  
**WESTMINSTER PRESBYTERIAN CHURCH** Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.  
**WORD OF LIFE** Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.  
**ZION LUTHERAN** Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.\*



## CROW Case Of The Week:

Partnerships  
And Friendships

by Bob Petcher

A partnership between wildlife centers is an important and vital relationship when it comes to the caring of injured animals. Critters and birds – like humans – can

become depressed or anxious when they are alone during the course of medical care. A support system can make quite the difference, especially for a juvenile animal.

At CROW, medical officials reach out to neighboring clinics when a “client” needs a friend.

“Having a friend can completely change the outcome of an infant’s care,” said Breanna Frankel, CROW’s rehabilitation manager. “Sometimes, they can become depressed in care without a buddy, which is the reason we will bring transfers in from other clinics to help. We also use stuffed animals with beating hearts when a transfer is not available. Animals that are alone, depressed, or anxious do not eat or thrive as well as those with friends.”

Frankel stated that this partnership happens “at least once a month,

sometimes as much as two to three times a month.” The alliance is a two-way street.

“We work with other clinics in the area to take in or send out animals for continued care. We have a very good working relationship with nearby clinics and are able to use that to our patients’ benefit,” she said.

Frankel listed other examples that CROW would use when reaching out to wildlife centers... and vice versa.

“Sometimes, other centers are completely swamped with patients and don’t have enough manpower, so they transfer some patients to CROW and likewise if we ever get overwhelmed. Some species require very delicate care and certain centers might have a volunteer or staff member that has more experience with that specific species,” she said. “Another example is when we have babies that have been raised by people and are habituated – the best thing we can do is unite them with a foster mom/dad of the same species to teach them that they are not humans and how to be successful animals.”

On June 28, CROW admitted a nestling black-crowned night heron (*Nycticorax nycticorax*) from Matlacha after the bird was reported to have fallen from its nest. After the initial exam yielded no medical complications, veterinarians later discovered the bird was favoring its right leg. A closer examination showed that the heron had a small laceration and a luxated (dislocated) stifle joint, comparable to



The nestling black-crowned night heron, left, is befriended by a yellow-crowned night heron. Both juveniles are supporting each other while they grow older and work towards being released into the wild.

photo by Brian Bohlman

the knee.

Dr. Lela Larned, CROW veterinary intern, explained the medical care the patient received:

“The first step was to visualize and diagnose the dislocation using radiographs. While still under anesthesia, the veterinary team was able to replace the joint using enough force to manipulate the joint into a functional position without creating more damage, similar to replacing a

dislocated hip or shoulder in a human,” she said. “In another anesthesia session, we performed a surgery to address the deep laceration the heron had near the same area. The heron was also treated with antibiotics and vitamin injections for infection and anemia, respectively, which were likely a result of the laceration.”

Once the injury had healed, veterinarians cleared it to have a friend.

continued on page 31

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# Summer Family Fun Trips



by Capt.  
Matt Mitchell

Over the past month, the majority of our charters have been families with children enjoying some quality time on the water together during summer vacation. On these charters, it's always important to gear the trip towards the kids and this very much depends on the age of the children. Generally, the younger the kids, the shorter their attention span. Often these trips are all about finding fast-paced action and keeping the kids interested rather than chasing a trophy fish.

When the bite slows, it's important to keep the younger kids focused. Take time to show them dolphins, manatees or birds. Breaking up the trip by going for a swim at a beach or even pulling up on a sandbar to explore what lives there is also a good idea. Have lots of water and snacks to help keep them happy. Lots of sunscreen is also a must, along with having the right sized life vest for the age/weight of the child.

When getting children out fishing for what can often be their first time, it's a good idea to take some live shrimp and smaller baits to guarantee catching fish. Bobbers are a good idea too to give that visual aspect. Getting bite after bite is much more important than the size of the fish caught. The highlight for some much younger clients I had out this week was catching and getting to hold several blow fish we caught. These cute fish gave them more of a thrill than the 34-inch snook they caught as a family group effort.

With shark week on TV what seems like all month, we get lots of calls from families wanting to go shark fishing. Seems like kids love sharks almost as much as they love puppies. These shark fishing trips make for a great family adventure and are a good choice for even the novice angler.

As a kid growing up on Sanibel, I was lucky enough to spend lots of my free time both out on the water fishing and just exploring the surroundings. Now I get to share this amazing watery backyard with the next generation. There is something very satisfying about seeing it again for the first time through young eyes.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).✱



Making memories: This big snook was caught as a family group effort while fishing with Capt. Matt Mitchell this week photo provided

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Dave Doane





Bay scallops disappeared from Southwest Florida water decades ago but there have been some modest comeback attempts photo provided

## Volunteers Sought For Scallop Search

Volunteers are needed to snorkel in select areas within Pine Island Sound to look for scallops on Saturday, August 17 from 8:30 a.m. to 2 p.m. Scallop searchers will meet at Pineland Marina, 13921 Waterfront Drive in Bokeelia, to receive survey equipment and instructions for monitoring. This is not a harvest event. Lunch will be provided to participants once they return to shore and report on information.

This year's event is being organized by the Sanibel-Captiva Conservation Foundation (SCCF) and Florida Sea Grant - UF/IFAS Lee County Extension.

The purpose of the program is to monitor and document the health and status of the bay scallop population, and is designed to be a fun family event.

Along with 110 volunteer snorkelers, up to 40 boats are needed to search select sites in Pine Island Sound and San Carlos Bay for the elusive bay scallop.

Large populations of bay scallops (*Argopecten irradians*) disappeared from Southwest Florida waters decades ago due in large part to degraded water quality, related declines in seagrass acreage, over harvesting and other causes. Water quality and seagrasses have improved in many areas to levels that may once again support these important bivalves.

Volunteers with shallow draft boats are needed. Let officials know how many additional people you can take on your boat so you can be paired up with other snorkelers. Snorkelers without boats are welcome, however, space is limited.

Canoes and kayaks are also welcome, but sites are limited so early signup is recommended. Jet skis are not allowed in the search. Bring a dive flag if you have one. Volunteers need to bring a mask, snorkel and gloves and be able to snorkel/swim 50 meters (about 150 feet) along the bottom. Fins and weight belt are optional but suggested.

Reservations are required and survey sites and equipment are limited. Go online to register at [www.eventbrite.com/e/2019-pine-island-sound-scallop-search-tickets-64169506722](http://www.eventbrite.com/e/2019-pine-island-sound-scallop-search-tickets-64169506722).✱

From page 1

## Comedy Troupe

Hernandez, Kea McElfresh, Bill Owens, Andrew Florance and Steve Cobb - for this show.

Participants can expect a night of hilarious antics, musical comedy and on-the-spot jokes. Every facet of the uproariously improvised show is based on audience suggestions. With years of experience performing, Scared Scriptless Comedy Lab delivers a side-splitting, one-of-a-kind show every time.

Adept at both short and long form improv, Scared Scriptless Comedy Lab will create an entertaining evening of family-friendly laughter that is fast-paced, packed with hysterically funny songs, sketches and jokes created instantaneously based on your suggestions. For the more adventurous, there are occasional opportunities to join the cast on stage.

The Laboratory Theater of Florida is located at 1634 Woodford Avenue in downtown Fort Myers. Tickets are \$15 per person and are available at [www.laboratorytheaterflorida.com](http://www.laboratorytheaterflorida.com) or by calling 218-0481.✱

### Plant Smart

## Soldier's Orchid

by Gerri Reaves

When we think of orchids, we typically think of epiphytes, or air plants, clinging to trees in tropical and subtropical conditions.

Epiphyte orchids must have air around their roots or they perish - a lesson learned by anyone who has ever killed one by putting its roots in soil or letting them sit in water too long.

But not all orchids are air plants. Lithophyte orchids live on rocks or stones, and terrestrial orchids, like the soldier's orchid (*Zeuxine strateumatica*) pictured here, live in the ground.

Terrestrial orchids' underground tubers enable them to retreat and endure cold. They survive in colder climes by adapting their cycle of growth, blooming and dormancy.

Soldier's orchid is also called lawn orchid because it is known for popping up in a lawn.

The word *strateumatica* is Greek for "band," "company," or "army" and refers to clusters of the plants resembling a group of soldiers - thus the common name.

It is native to India, Japan, Malaysia and Indonesia and is thought to have been introduced to the U.S. in 1927 in a centipede-grass shipment from China.

The seeds were distributed in several southeastern states, and the plant is now naturalized in Florida and found throughout the state, not only in lawns but in pinelands, prairies, disturbed areas and along roadsides.

It has a creeping rhizome, underground stem-like roots that help it spread.

This short-lived perennial grows to only one-half to six inches tall.

Alternate linear leaves spiral around and sheath the stem. The leaves are smooth and tinted bronze or purple.

The terminal flower spike produces an abundance of small white flowers - as many as 50. Flowers have three-lobed fleshy yellow lips and six unequal petals



Soldier's orchid, native to tropical and sub-tropical Asia, is naturalized in Florida and is known for sprouting in lawns

photo by Gerri Reaves

that form a hood-like corolla.

They are less than a quarter inch wide and bloom in the cooler months in South Florida.

It is theorized that the plant self-pollinates.

If you don't want this interloper in your yard, be patient. There's no guarantee that it will reappear next season.

Sources: *Everglades Wildflowers* by Roger L. Hammer; *The Guide to Florida Wildflowers* by Walter Kingsley Taylor; *National Audubon Society Field Guide to Florida* by Peter Alden et al.; *Orchid Grower's Companion* by David P. Banks; *The Wild Orchids of North America, North of Mexico* by Paul Martin Brown; [www.aos.org](http://www.aos.org); and <http://goorchids.northamericanorchidcenter.org>.

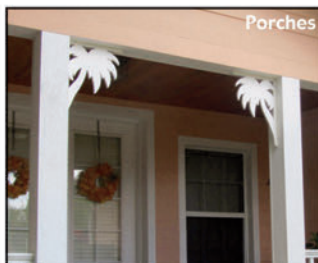
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# Owl Released In Bokeelia



Dr. Robin Bast, CROW's staff veterinarian, releases a great horned owl that was a patient at the rehabilitation clinic photo provided

A one-eyed great horned owl was released from the Clinic for the Rehabilitation of Wildlife (CROW) in Bokeelia after it suffered an injury to its right eye and had it surgically removed. The owl was admitted to the wildlife hospital on Sanibel on July 5 after it was found sitting under a tree and not moving for several hours near Bokeelia on Pine Island. Veterinarians examined the bird to find that it had suffered a severe injury to its right eye, but were unable to determine what caused the injury. Unfortunately, the eye was too badly

damaged to be saved, and veterinarians had to surgically remove it. The owl did not have any other wounds or broken bones. Thanks to asymmetrical ears, great horned owls have excellent hearing that they rely on to find prey. They can perceive depth through hearing to hunt effectively, even with only one good eye. After the surgery site had healed, the bird was returned to the wild on July 16 near where it was found. Dr. Robin Bast, CROW's staff veterinarian, released the owl.\*



Wildlife Rehabilitator Morgan Hester delivers a presentation on Birds of Prey, offered every Friday at 2 p.m. through August 16 photos provided

## Presentations Offered At CROW

The Clinic for the Rehabilitation of Wildlife (CROW) on Sanibel will be offering additional presentations at 2 p.m. on Wednesdays, Thursdays and Fridays through August 16. Daily presentations, which are also offered Monday through Friday at 11 a.m. in CROW's AWC Visitor Education Center, allow visitors to engage with a staff member or student while learning more about the patients admitted to CROW's wildlife hospital. Presentations last approximately 45 minutes and topics cover a variety of native Southwest Florida wildlife such as gopher tortoises, owls and snakes.

"We want to ensure everyone who visits CROW has an opportunity to interact with our staff and meet our ambassadors," said Alison Charney Hussey, CROW executive director. "With the increase of summer visitors we have had this year, more presentations were needed."

The additional afternoon topics will include Virginia Opossums each Wednesday, Sea Turtles on Thursdays and Birds of Prey every Friday. Each presentation features one of CROW's animal ambassadors, non-releasable wildlife due to injury or other circumstances.

CROW's AWC Visitor Education Center



Talon, a red-tailed hawk and animal ambassador at CROW

is open Monday through Friday from 10 a.m. to 4 p.m. The daily presentations are included with general admission; \$12 for adults, \$7 for ages 4 to 12 and no charge for those 3 and under. CROW's popular Wildlife Walk guided hospital tours are also offered Monday through Friday at 11 a.m. for an additional cost and advance registration.

For the full schedule of presentations, visit [www.CROWClinic.org](http://www.CROWClinic.org).

CROW is located at 3883 Sanibel-Captiva Road.\*

## Help SCCF Bring Back the Barn Owls

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Or consider not using any rat poisons at all. Instead, seal all entry points to your home.



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## Amberjack Harvest Reopens

The recreational harvest of greater amberjack will reopen in gulf state and federal waters on Thursday, August 1. This season is scheduled to remain open through October 31 in state and federal waters.

The recreational regulations include a minimum size limit of 34 inches fork length and a daily bag limit of one per person.

If you plan to fish for greater

amberjack in gulf state or federal waters from a private recreational vessel, you must sign up as a Gulf Reef Fish Angler prior to your fishing trip (annual renewal is required for most anglers, including those over 65 years of age). To learn more, visit [MyFWC.com/Marine](http://MyFWC.com/Marine) and click on "Recreational Regulations" and "Gulf Reef Fish Survey" under "Reef Fish." Sign up today at [GoOutdoorsFlorida.com](http://GoOutdoorsFlorida.com).

To learn more about regulations for greater amberjack, visit [MyFWC.com/Marine](http://MyFWC.com/Marine) and click on "Recreational Regulations" and "Greater Amberjack," which is under the "Reef Fish" tab.\*



## Florida Bar Labor And Employment Section Officer

**H**enderson, Franklin, Starnes & Holt, PA Shareholder Scott Atwood was elected secretary/treasurer of the labor and employment section of The Florida Bar. He is now slated to become president of that section in two years.

Atwood has been a member of the Florida Bar's Labor and Employment Section Executive Council since 2011. In this role, he assists in formulating and implementing legal policy on the state and local level. Atwood previously served on the Florida Bar's Board of Governors, including its executive council and disciplinary committee. He also is past president of the Lee County Bar Association, former member of the 20th Judicial Circuit Professionalism Committee, former member of the Florida Supreme Court Commission on Professionalism, and former member of the Florida Bar's inaugural Diversity Committee.

From complex labor and employment counseling and litigation to general business matters, he has been representing the interests of entrepreneurs, public entities, and businesses of all sizes throughout the United States, including Florida and Georgia, for nearly 25 years. Atwood is also a Florida Supreme Court Certified Circuit Civil Mediator. He has been recognized for his extensive



**Scott Atwood**

photo provided

experience in labor and employment law by Florida Super Lawyers and Atlanta Super Lawyers.

Atwood serves as president of the Lee County Bar Association Foundation and vice chair of the Sidney & Berne Davis Arts Center Board of Directors. He is a member of the University of Florida Law Alumni Council. He previously served on the executive committee of the Dartmouth Club of Georgia. Atwood received his bachelor of arts degree from Dartmouth College (with honors), his law degree from the University of Florida College of Law, and his master of arts degree from the College of William & Mary.✱

## Public Relations Professional Certification

**H**eidt Taulman, APR, CPRC of the Southwest Florida Chapter of the Florida Public Relations Association (FPRA), recently earned professional certification in public relations and received the designation of certified public relations counselor (CPRC).

Earning the CPRC credential distinguishes senior members of FPRA who have demonstrated understanding and mastery of core public relations principles and ethical practices and have been certified to act as public relations counselors. There are 127 CPRCs in Florida, including 16 in Southwest Florida.

Taulman has spent 15 years in nonprofit leadership, with a focus on public relations. Taulman is the executive director of SWFL Children's Charities, Inc. which hosts the SWFL Wine & Food Fest, one of the top grossing wine festivals in the country. She has been an active member and leader in FPRA's Southwest Florida Chapter since 2007 and served as president in 2014-15. She earned



**Heidi Taulman**

photo provided

a bachelor's degree in general communications from Florida State University and the Accredited in Public Relations (APR) credential in 2013.

To earn the CPRC credential, candidates must have 10 years of experience in the field; have earned the APR designation, which is the first tier of accreditation; successfully complete a verbal presentation; and pass a five-hour written exam.✱

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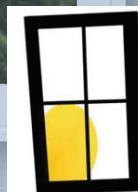
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Will Power

# The Living Will



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

An often-misunderstood estate planning document is the living will. It's often confused with a "living trust" which is a trust document providing the direction how to invest and distribute your assets during your lifetime and upon your death.

The living will, in contrast, is what many refer to as the "right to die" document. In Florida, our living will statute can be found in Chapter 765, Part III. Florida law allows you to direct the withdrawal or withholding of life-prolonging procedures provided that you are in a terminal condition, have

an end-stage condition, or are in a persistent vegetative state.

Typically, the living will states that when two physicians determine that there is no reasonable medical probability of your recovery from the condition, in such case the life-prolonging procedures be withheld and withdrawn when the procedures would serve only to prolong artificially the process of dying. When this occurs, you're permitted to die naturally with only the administration of medication or the performance of a medical procedure deemed necessary to provide you with comfort, care and to alleviate pain.

The most famous Florida case involving these issues was over Terri Schiavo, who ironically never signed a living will. In 1990, at age 26, Schiavo suffered cardiac arrest at her home in St. Petersburg. While successfully resuscitated, she suffered massive brain damage and was left comatose. She was diagnosed 75 days later as being in a persistent vegetative state.

In 1998 her husband petitioned a Florida Court to remove her feeding tube, indicating this is what his wife would have wanted. Schiavo's parents opposed the move. Litigation wound its way through the Florida and federal court system, ultimately resulting in the feeding tube being removed. Schiavo died in 2005, a full 15 years following her heart attack.

The Schiavo case involved 14 appeals and numerous motions, petitions, and hearings in the Florida courts; five suits in federal district court, extensive political intervention at the levels of the Florida state legislature, Governor Jeb Bush, the U.S. Congress and President George W. Bush; and four denials of certiorari from

the United States Supreme Court. The case also spurred highly visible activism from the pro-life movement, the right-to-die movement, and disability rights groups.

Despite your political beliefs, no one wants their personal medical situation to be the focus of litigation and political debate. It's therefore surprising that so few people take the time to sign a living will.

One of the most heart-wrenching decisions my clients face when signing their living will involves the decision to remove the food and water tubes. "I don't want to die of hunger or thirst," is the usual response. Yet, at the same time, declaring your intent to not remove the tubes could result in a Terri Schiavo result, indefinitely lying comatose in a hospital bed.

Clients may find comfort in the fact that the living will directs for medical procedures to continue that would provide comfort, care or to alleviate pain.

Some, however, struggle with the notion that the doctors could be wrong. That recovery may occur despite the long odds. In other cases, religious beliefs preclude the removal of food and water tubes. Both concepts occurred when Israel's Prime Minister Ariel Sharon suffered a massive stroke in 2006.

Surgeons operated for seven hours to ease the pressure from the hemorrhage in Sharon's brain. But few were prepared to write him off. He was known for bull-like strength, and many thought he would miraculously recover.

He underwent seven additional operations over the six months following his stroke, including the removal of a third of his large intestine. It was not until that April when ministers in the Israeli government voted unanimously to declare Sharon "permanently incapacitated," promoting his successor Ehud Olmert to the Prime Minister's office.

Because Orthodox Judaism considers the removal of food and water tubes euthanasia, which is prohibited under Jewish law, Sharon lay comatose in a nursing bed until his death in 2014, eight years after his stroke. He eventually died of cardiac failure.

The living will makes us confront our mortality. Medical science's capabilities to revive and keep us alive are out ahead of the philosophical, moral and religious considerations we face when making choices under a living will.

You might say that the living will is a counterbalance to science's ability to put our bodies in a sort of stasis, yet not bring us all the way back to a functional state, including a certain quality of life. At that time, we have the option of saying "no more heroics."

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From page 8

## August Programs

*World: A Novel* by Christina Baker Kline: Noon, Wednesday, August 21 – Sometimes fiction seems real and nonfiction reads like a novel. This year both will be discussed. Space is limited so registration is required.

Hope by Song: 6 p.m. Monday, August 26. Location: Amphitheater – The Hope by Song's mission is to help those whose stories of abuse, addiction, homelessness or PTSD have not been heard by inspiring them to tell their stories. Their words are used to create songs of struggle and hope. The songs are then used to educate others dealing with similar issues to encourage new, more beneficial ways of thinking about their lives and to foster, in our community, a greater awareness and a deeper understanding of those in less fortunate situations

### Children's Programs

Bubblemania: 10 a.m. Thursday, August 1: Soapy bubbles everywhere. Participate in an exciting morning of bubble blowing and listen to favorite tunes.

Family Storytime: 10 a.m. Saturdays, August 3, 24 – For children up to age 5. Your whole family is invited to this enjoyable, all-ages storytime that encourages the development of prereading skills through songs, rhymes, fingerplays and stories.

Little Makers STEM Stations: 10 a.m. Tuesday, August 20 – Discover, build, create. Preschoolers, ages 2

to 5, are welcome to a morning of construction with LEGOs, magnetic tiles, giant blocks and more. Kids can also create with a STEM kit, or get into tactile sensory play foam, sand and play-dough.

Community Helpers: Fort Myers Fire Department: 10 a.m. Wednesday, August 21 – Participate in this special visit with the Fort Myers Fire Department. Firefighters will talk to children about fire safety, their job and their truck.

Baby Playtime: 10 a.m. Thursday, August 22 – Bring your baby to play with others using cars, blocks, stacking and nesting baby toys. Your infant will stabilize their core as they move about and use their hands.

Kids Read Down Fines: 11 a.m. to noon, Saturday, August 24 and 4 to 5 p.m. Wednesday, August 28 – Children and teens can earn a \$2 credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and younger only, and applies only to charges on overdue materials. Bring your library card.

Toddler Tales: 10 a.m. Tuesday, August 27 – For ages 18 to 36 months. This interactive and active time for toddlers and their caregiver is designed to advance prereading and social skills. They'll experience storytelling, wordplay, felt board stories, fingerplays, puppets, singing, music-making, socializing, dancing and, of course, books.

Preschool Storytime: 10 a.m. Wednesday, August 28 – For ages 3

to 5. Children attend this program independently while the caregiver waits nearby. Your preschooler will continue to build relationships with other kids, books and the library in a storytime designed specifically for them. The stories and activities are more complex, but just as fun.

Baby Rhyme Time: 10 a.m. Thursday, August 29 – For babies up to 18 months. During this special storytime, you and your baby will learn new nursery rhymes and fingerplays, interact with puppets, sing, read books and dance. Caregivers are encouraged to model proper storytime etiquette by remaining in the room and participating with baby during this program.

### Teen Programs

Teen Anime Drawing Club: 5 p.m. Wednesday, August 21 – Share creations, discover new anime and connect with other fans. Colored pencils, pens and paper supplies are provided. Sponsored by the Friends of Fort Myers Regional Library.

Kids Read Down Fines: 11 a.m. to noon Saturday, August 24 and 4 to 5 p.m. Wednesday, August 28 – Children and teens can earn a \$2 credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and younger only, and applies only to charges on overdue materials. Bring your library card.

Middle School Homeschool Connection: 2 p.m. Monday, August 26 – Meet and greet other tweens as you use the MERGE Cube to hold virtual objects in the palm your hands.

Use your smartphone or our tablet to experience handheld augmented reality. Space is limited, so register online.

Tween Art Club: 5 p.m. Wednesday, August 28 – Tweens, ages 9 to 13, are invited to create a new art project each month. This month's project features sculpting and shaping air drying clay. All supplies are provided. Sponsored by the Friends of the Fort Myers Regional Library.

The Fort Myers Regional Library is located at 2450 First Street in Fort Myers. Adult programs are held in the meeting room building located across the library campus at 1651 Lee Street. For more information about a program or to register, call the library at 533-4600. Check the Lee County Library System's website at [www.leelibrary.net](http://www.leelibrary.net) to find out about programs at other locations. Call the host library, or telephone reference at 479-4636, for more information about a specific program.

In accordance with the Americans with Disabilities Act, Lee County will not discriminate against qualified individuals with disabilities in its services, programs or activities. To request an auxiliary aid or service for effective communication or a reasonable modification to participate, contact Joan LaGuardia at 533-2314, Florida Relay Service 711, or [jlguardia@leegov.com](mailto:jlguardia@leegov.com). Accommodation will be provided at no cost to the requestor. Requests should be made at least five business days in advance.✧



## Book Review

## Woman 99



by Di Saggau

I had a chance to hear author Greer Macallister talk about her book *Girl in Disguise*, a tale of the first female Pinkerton detective. She mentioned that her newest book *Woman 99* would be coming out

soon so I watched for it. Macallister said she was intrigued by Nellie Bly's story in 1887 about entering an insane asylum for 10 days to reveal what really went on in them. Bly later wrote a book detailing her experiences called *Ten Days in a Madhouse*. Macallister decided to have her heroine, 20-year-old Charlotte Smith, enter an asylum to free her sister Phoebe. She was placed there by her parents as a convenience, and Charlotte bears some of the blame. It's 1888 and Phoebe suffers from what would probably today be called bipolar disorder.

The asylum is for the "curable insane," but once inside, Charlotte discovers that many of the committed women aren't ill but simply inconvenient to others. She also finds that while it was easy to get in the place, it's much harder to get out. Some very powerful people harbor secrets that they don't want known. As she runs out of time, Charlotte forms an alliance with her new friends Celia and Martha, who also want to escape. The narration comes from Charlotte, but all the women have their own voices. The grim realities of being institutionalized in those days is well laid out.

The novel has flashbacks that reveal

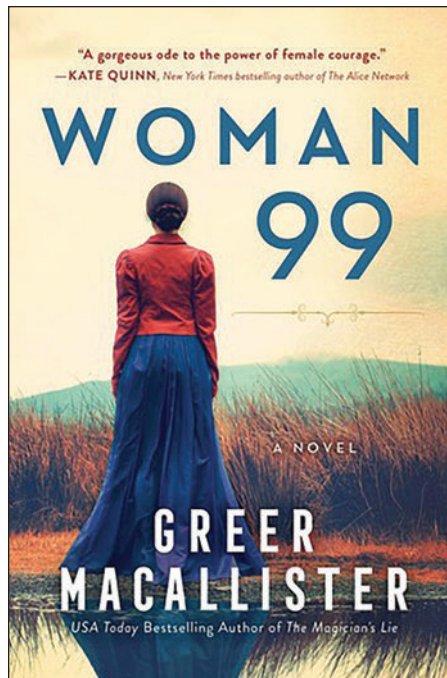


image provided

back stories in Charlotte's life. She has a crush on Henry Sidwell, the son of her father's chief investor and creditor, but is engaged to someone else. To reveal who that is would spoil a surprise for the reader. The asylum Goldengrove is also controlled by the Sidwell family. Charlotte has to endure daily indignities including frigid communal showers, but she finds small kindnesses among many of her fellow patients. *Woman 99* is a historical thriller that is rich in detail and portraying mental illness in an era when it was still misunderstood. The book honors the fierce women of the past, born into a world that denied them power but underestimated their strength. It's a riveting tale of loyalty, love and sacrifice with an ending you might not expect.✱

I have had a handful of teenagers read the book and think it is spot on what happens when parents separate and divorce. I have had adults read it and tell me every parent in this situation should read this book.

The suggestion is that the kids stay in the home and the parents' go back and forth. They are the ones that wanted the divorce and also hopefully want the least amount of disruption for their kids.

There are many other suggestions as the kids in the book create a rule list that is for parents and kids alike to follow. I think it is an admirable and wise list and would serve separated and divorced parents well. At the end of the day, parents want what is best for their kids.

This book is a good strategy to help parents achieve it. Divorce is hard enough without adding other complications to the mix.

*Turnaround Kids – A Primer For Parents* is basically the same book as the *Turnaround Kids*, but as suggested by one of the lead social workers at Cincinnati Public Schools in Cincinnati, Ohio, there is a section at the back of the book for jotting down notes and a dedication in the beginning specifically geared to the parents.

I just want kids and parents to read these books and learn that there is a better way to handle the situation with love, compassion and respect.

The situation of separation and divorce may be inevitable, but the way it is handled can be done in a way that

everyone walks away knowing it was negotiated in the best way possible for all parties involved. At the end of the day, this is about protecting your kids and making the process as easy as possible for them.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.✱

## Hodges University Open House

Hodges University is hosting Caffeine and Classes, Donuts and Degrees, an open house event on its Fort Myers and Naples campuses on Saturday, August 3 from 9 a.m. to 1 p.m.

The event is open to the public and features campus tours, plus admissions and student experience. Financial aid coordinators will be on both campuses to answer questions for new and continuing students. And, of course, coffee and donuts will be available.

For more information, visit [www.pathways.hodges.edu](http://www.pathways.hodges.edu) or email [admit@hodges.edu](mailto:admit@hodges.edu).✱

## School Smart



by Shelley M. Greggs, NCSP

**D**ear Readers, Divorce has been identified as a major source of stress for children. There are ways to mitigate this stress, and one is through

a book for parents to help them and their children cope with one aspect of a divorce.

The children's book, by author and former Sanibel resident E.M. Holzman, is entitled *Turnaround Kids – A Primer For Parents: A Book to Help Parents Navigate Divorce and Separation in a Mutually Satisfying Way*. Holzman has graciously written some background and information about this book for this column this week. Here is Holzman's perspective.

Years ago, I was living in New York and working as an editor for a children's book author. She and her ex-husband were divorced with a young son. She lived in Greenwich Village, and her

ex-husband lived in Soho. I can't tell you how many times her son would walk in the door of the home of her and her second husband and say I forgot my glasses, my favorite shirt, my homework, etc. She would look at him and say walk back and get it.

I remember thinking then, there is a story here! It felt like he was constantly turning around to go from one parent's home to the other parent.

A handful of years later, after watching many more friends' kids go through the same thing, I discovered the story. The title was easy because divorced kids are constantly turning around to go from home to home.

I decided to call them the turnaround kids. The parents get to stay in their homes, but it is the kids, who didn't want the divorce in the first place (most of the time), that are constantly packing up and moving back and forth. It is hard on them. I wanted to write a story for those kids to know they aren't alone, know there is light at the end of the tunnel, but also to empower them. Plus, offer a better solution.

The story was a hit! Kids loved it and social workers loved it and recommended a version for parents. Hence, *Turnaround Kids – A Primer For Parents*.

# EPIC FIRES OF FORT MYERS

How a Series of Early Fires Influenced the Town's Development

THOMAS P. HALL

ROBIN C. TUTHILL, EDITOR

"More than a meticulously researched chronicle of the disasters that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike." - Amy Bennett Williams

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## Superior Interiors

# Creating A Picture-Perfect Book Nook



by Jeanie Tinch

**A** cute space for reading can attract a lot of attention to an area in your home that might otherwise be overlooked. Transforming a space that was once only a second

thought will allow you to utilize wasted space and give the area a new purpose. Perhaps it's a bare corner, an awkward hallway or a seated windowsill; any of these spaces can make a great place for getting cozy with your favorite books.

Seating plays a major role in your ability to wind down and feel satisfied with your book nook. Choose your seating based not only on the allotted space but also personal preference. Maybe a lounge chair belongs in this empty corner in your home, or a large sofa makes sense if you see someone joining you for a read.

You want the area to be cozy but also very inviting. Give it some character with a bright accent color. This can also help you make the space its own, which can seem difficult if it's just a corner of a room that already has its own character. Consider painting the wall behind your seating arrangement a fresh, complimentary shade that's

equally intriguing and welcoming.

Your book nook should exude pure comfort; after all, it's a personal retreat space. Fill the area with plenty of throw pillows, soft blankets and other cozy accessories that can help you wind down when you need it most.

When it comes time to sit down and dig into your book, proper lighting could be the most important aspect of the space. Finding the right lighting to create a relaxing ambiance while illuminating your subject matter is essential. Slim floor lamps are a great choice that can easily be moved around the room or in proximity to your seating area. Many also feature a flexible arm that's easy to adjust to the direction of your reading material.

Reading material is the whole reason behind this nook in the first place, so make sure you have plenty of storage space to keep your books, magazines and journals organized. A bookshelf makes sense for many but may not work for someone who has limited corner space. Floating shelves can make book storage easy and spruce up your walls if you're lacking decor.

Gone are the days of reading in a space full of distractions. No matter how you go about redecorating a section of your home, professional assistance can save you time, effort and headache if you don't know what to do next. Discuss your ideas for this personal space and give input based on your specific wants and needs. From there, you'll create a blueprint that details exactly what you're looking for – to ensure you achieve the retreat feel as expected.

*Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at [jeanie@coindcedden.com](mailto:jeanie@coindcedden.com).✱*

## Speaker Set For Blue Chip Award Luncheon

**K**evin Pearce, champion snowboarder and traumatic brain injury survivor, has been selected as the keynote speaker for the 25th annual Southwest Florida Blue Chip Community Business Award luncheon ceremony. Coordinated and sponsored by McGriff Insurance Services, the event will take place on Wednesday, November 6 at Hyatt Regency Coconut Point Resort and Spa, 5001 Coconut Road in Bonita Springs. The ceremony will recognize small business owners in Lee, Collier, and Charlotte counties who have overcome adversity to achieve success.

In the blink of an eye, Pearce went from being an Olympic gold medal hopeful to suffering a severe traumatic brain injury that nearly took his life. As a champion snowboarder who was once considered the key to rival Shaun White, Pearce earned back-to-back victories at The Oakley Arctic Challenge and two Air and Style Victories in 2007 and 2008. He went on to become a silver medalist with an exhilarating performance at the 2009

Winter X Games and, by 2010, he was considered a gold medal contender in the Winter Olympics. However, tragedy struck. In a devastating training accident, Pearce suffered the traumatic brain injury that would change his life forever.

After six days in a coma, Pearce awoke to a grueling road to recovery as he began intensive therapy and rehabilitation that included relearning how to walk, talk and even swallow. By drawing upon his own unwavering optimism, the discipline that he acquired as a world-class athlete, the love of his family and the support of numerous healthcare professionals, Pearce was able to make amazing progress that continues to this day. His journey has led to forging a new path toward helping and inspiring others and as the co-founder of the Love Your Brain Foundation, he has found a passionate sense of purpose advocating for the prevention of brain injuries and helping those impacted by it. Today, Pearce is a sought-after speaker, inspiring the level of admiration that he once did as a spellbinding snowboarder through his powerful message of perseverance, purpose, overcoming adversity and finding strength through helping others.

For more information, visit [www.kevinpearce.com](http://www.kevinpearce.com).✱



Gail Lamarche



Aaron Bowles



Kenneth Crook



Jessica Thomas

## Law Firm Leaders To Share Best Practices

**H**enderson, Franklin, Starnes & Holt, PA, Gail Lamarche, the firm's director of marketing and business development, will moderate a panel discussion of law firm leaders sponsored by the Lee County Bar Association, Young Lawyers Division. This free luncheon, open to all young lawyers in Southwest Florida, will be held at the Lee County Public Works Building on Friday, August 2 from noon to 1 p.m.

The panelists from small, mid-size and large local law firms include Aaron Bowles, administrator of the Farr Law Firm; Ken Crooks, chief operating officer of Henderson Franklin; and Jessica Thomas, chief administrative officer and director of marketing of Roetzel & Andress, LPA. They will discuss their law firm's approach for the professional and personal development of young lawyers, including mentoring, developing legal skills, branding, business development, networking, relationship building and much more.

Lee County Public Works Building is located at 1500 Monroe Street in downtown Fort Myers. To register, email Nicole Brunswick at [nicole@itsmylegalright.com](mailto:nicole@itsmylegalright.com).✱

### Financial Focus

## Get A Business Succession Strategy



by Jennifer Basey

**I**f you own a business, you've always got plenty to think about: sales, marketing, employees, competition, industry trends, consumer preferences – the list goes on and on.

It's easy to get so caught up in your work that you might not take time to think about retirement. But if and when that day arrives, you'll want to be prepared – which means you need a business succession plan.

And you will have to put considerable thought and effort in selecting such a plan, because you've got several choices. You could keep the business in your family. You could offer it to an employee or an outsider. You could design a plan that will take effect while you're alive or after you've passed away. Your decision should be based on several factors, including your family situation, the nature of your business and your overall financial position (including the composition of your investment portfolio). But, at the outset of your search, you may want to know about some popular succession strategies, including:

Giving the business away – You can leave your business to your children, but if you transfer it during your lifetime, you may be able to obtain some valuable benefits. For example, by relinquishing control gradually, you can be reassured that your children will be able to manage

the business on their own. This strategy may also offer tax benefits. You can give your business away outright, but you may want to consider using a trust or family limited partnership, both of which may allow you to control the business for as long as you want, while still receiving a regular income stream.

Selling the business outright – You can always sell your business outright whenever you like – right now, when you retire or some time in between. Of course, any sale brings tax considerations.

Using a buy-sell arrangement to transfer the business – Instead of simply selling the business in a traditional transaction, you could employ a buy-sell agreement. With this arrangement, you can generally determine when, to whom, and at what price you can sell it. If you would like to keep the business in your family, you may be able to fund the buy-sell agreement with life insurance, so family members could use the death benefit to buy your ownership stake.

Buying a private annuity – When you buy a private annuity, you can transfer the business to family members, or someone else, who will then make payments to you for the rest of your life, or, possibly, for your lifetime and that of a second person's. In addition to potentially providing you with a lifetime income stream, this type of sale can remove assets from your estate without triggering gift or estate taxes.

These and other techniques can be complex, so before deciding on what is best for your situation, you'll want to consult with your tax, legal and financial advisors. By taking your time and getting the professional help you need, you can make a successful succession choice.

*This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).✱*



## Public Relations Accreditation Earned

Steve Doane, APR, of the Southwest Florida Chapter of the Florida Public Relations Association (FPRA), recently earned professional public relations accreditation, and received the designation of Accredited in Public Relations (APR).

Doane joins the more than 4,300 active public relations professionals worldwide who represent an elite group of skilled professionals committed to practicing with high ethical standards, including 41 currently in Southwest Florida.

Doane is the media relations specialist for Lee Health, where he's served in multiple strategic communications roles since 2016. Previously, Doane was a reporter for five years at newspapers including *The News-Press* in Fort Myers and publications in Virginia and Massachusetts. He earned bachelor's degrees in newspaper journalism and political science from Syracuse University. He's been a member of FPRA since 2017 and will join the association's leadership team in September.

To earn public relations accreditation, candidates must pass an oral presentation



Steve Doane

photo provided

and rigorous written examination administered by the Universal Accreditation Board (UAB), which is an alliance of eight national and statewide professional associations dedicated to furthering the field of public relations and the development of public relations professionals. FPRA is a member of the UAB.✱

## Co-Chair Reappointed To Committee

Heidi M. Brown, associate with Osterhout & McKinney, PA, has been re-appointed as co-chair of the Medicaid Committee of The Elder Law Section of The Florida Bar.

Brown's term will be from July 2019 to June 2020.

In 2014, Brown became board certified in Elder Law by the Florida Bar. She concentrates in the areas of estate planning, Medicaid, VA planning, special needs planning, probate and trust administration. She is accredited by the U.S. Department of Veterans Affairs to represent claimants for VA benefits.

Brown graduated from the College of William & Mary Law School in 2005. She received her bachelor of science in business administration from Georgetown University in 1997. She is a member of the National Academy of Elder Law Attorneys, the Academy of Florida Elder Law Attorneys, the Elder Law Section and Real Property, Probate & Trust Law Section of The Florida Bar and the Estate Planning Council for Lee County (Florida).



Heidi Brown

photo provided

Brown also serves as co-chair of the Elder Law and Long-Term Care Committee of the Elder Law and Special Needs Planning Group of the ABA Section of Real Property Trusts and Estates Law.

For more information, call 939-4888 or visit [www.omplaw.com](http://www.omplaw.com).✱

From page 2

## Historic Downtown

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the non-profit organization

are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For more information, call 332-8778 or visit [www.leecountyblackhistorysociety.org](http://www.leecountyblackhistorysociety.org).

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at [www.theimag.org](http://www.theimag.org).

Sources: *Fort Myers Press*, *The News-Press* and The Southwest Florida Historical Society.✱

## New Meals On Wheels Program Coordinator

Brenda McVicker has joined Community Cooperative as its new Meals on Wheels program coordinator. She will assist in program growth and development, as well as volunteer recruitment for daily meal delivery routes and making sure Meals on Wheels clients receive their meals.

Originally from Cincinnati, Ohio, McVicker graduated from Ivy Tech Community College in Indianapolis where she studied Early Childhood Education. She then spent several years in Chicago where she met her husband and started a family before moving back to the Indianapolis area, where they became therapeutic foster parents. Through this program they adopted their two youngest children of four. McVicker has spent her career in the hospitality industry, managing private country clubs, hotels and, most recently, 55 and older communities as well as independent and assisted living senior care facilities. Last year, the thought of being closer to relatives and the sunny weather brought her and her family to Southwest Florida.

McVicker is most excited about the opportunity to have a positive impact on the local community in Southwest Florida through her role at Community Cooperative. She is also ready to jump back into the working



Brenda McVicker

photo provided

world after several years at home with her children. "Brenda is very dedicated to her community and is a passionate advocate for those who are less fortunate. She could not be a better fit for our organization, and we are very excited to have her join our team," said Tracey Galloway, CEO of Community Cooperative.

Meals on Wheels is one of Community Cooperative's signature programs, providing hot meals to elderly shut-ins six days a week, with an extra meal delivered on Saturdays. The organization is always looking for

continued on page 21

## Is your Estate Plan providing you COMFORT, CONFIDENCE & CLARITY?



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Frankly Speaking



by Howard Prager

And they're off! No, I'm not talking about horse racing, although there are some longshots here. It's the second half of the baseball season. As the season goes on past the all-star break, games count so much more... though every manager says they all count the same. The Cubs slogan: "Everyone in. Every game matters." Don't believe it. The pressure ramps up the second half of the season. Teams that are successful can catch the wind of momentum in the second half that they ride into the playoffs. They pick up one or two "cast-offs" at the trade deadline or future free agents to help them win the drive and perhaps a pennant or World Series.

So who do we have coming down the track? As of the first full week after the all-star break, several teams have been particularly hot: the Oakland A's, Cleveland Indians, Chicago Cubs and St. Louis Cardinals. The San Francisco Giants are also hot, but they are over 16 games back as of this writing. This leaves them with the conundrum – do they continue the sale of some current stars to load up with prospects for the future, or do they try a shot at the wild card with five teams ahead of them right now? In other words, can they stay this hot the whole second half? Doubtful anyone can play at a .800 clip for nearly three months.

So what races and divisions are the most interesting to watch?

National League Central Division remains the closest division in baseball. Both the Cubs and Cardinals are 7-2 since the break, with the Cubs just 2 games in front of both the Cards and the Brewers. This one's going down

to the wire folks, and you heard it here first. All the teams are trying to make deals before the deadline. The Cubs appeared to solve their relief help with Craig Kimbrel. They may still be looking for left-handed hitting. Both the Cards and Brewers need another reliable starting pitcher. The bidding can get fierce but the opportunity is there.

The American League Central Division appeared to be a runaway for the Twins, but now the Indians are breathing down their neck, starting off 7-3 after the break and closing to just three games back. Less than a month ago, the Twins were a runaway favorite and the question was which pitchers Cleveland would give up for future stars. Instead, the Indians may search for a little more offense to keep on doing what's working for them, while the Twins try to recapture their first half magic. Since Cleveland has won the division the last three years, they know what they need to do.

The AL West has an interesting race between the first place Astros, who started off at 7-4 after the break, and the Oakland A's who are superhot at 7-2 and are 6.5 games back in second place. The A's have one of the lowest team salaries and still go by the analysis they use with money ball. Do they shake that up with a trade or two, or just hang in there with the team they have? What would you do?

And, in the NL East, the Nationals who are 5-4 since the break are trying to make a move on the Braves who have started off 6-4 and now are 6.5 games up. The Nats need a solid reliever to get to playoff land. Even if they can't catch them, if they can play strong they are in the catbird seat for the wild card.

A few weeks ago, I said there was only one race worth watching. Now we've got four to keep track of, as well as seeing what the Giants decide to do, hold 'em or fold 'em. It's a long season, one of the beauties of the game. Speaking of beauties, congrats to the newest Hall of Fame class and the first

player voted unanimously receiving all 425 votes in January balloting, Mariano Rivera. Hard to believe that has never happened before this, but the credit goes to the reliever with the most major league saves at 652, a record that should stand for a long time. And on the fan safety front, congrats to the Chicago White Sox who installed protective netting all the way to both foul poles during the all-star break. They are the first MLB team to do this.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to [press@islandsunnews.com](mailto:press@islandsunnews.com).

Theater To Host Florida Water Summit

Calusa Waterkeeper will continue its series of forums about the negative public health effects of harmful algal blooms with Public Health Alert – Florida Water Summit 2 at the Broadway Palm Dinner Theatre on Monday, August 5 from 5:30 to 9 p.m.

The latest event, a follow up to the town hall held on June 24, features the world premiere of *Troubled Waters*, an original documentary produced by Calusa Waterkeeper, and an all-star panel of world-renowned scientists and medical professionals.

The film takes a hyperlocal look at the public health risks associated with harmful algal blooms found in South Florida waterways. It includes interviews with physicians and patients suffering from conditions tied to harmful algal blooms, as well as prominent scientists who present cutting-edge research demonstrating the link between algae exposure and health problems. The documentary aims to educate the general public and the health care industry on the health risks associated with acute and chronic exposure.

"*Troubled Waters* makes it clear that harmful algal blooms are a public health issue that require action on the local, state and federal levels," Calusa Waterkeeper

Executive Director KC Schulberg said. "This is a can't-miss event for the public at large and for members of the medical community concerned about what's in our water here in Southwest Florida."

Many of the scientists interviewed in the film will appear at the August 5 summit as part of a panel discussion following the screening. Among the panelists are Dr. James Metcalf of The Institute of EthnoMedicine, a Wyoming-based nonprofit brain chemistry research organization; Dr. Walter Bradley, chair emeritus of the University of Miami neurology department; Dr. Larry Brand, a marine biology and ecology professor at the university; Dr. David Davis, a neurology professor at the university; Dr. Arthur Diskin, emergency room teaching professor; Dr. Robert Zarranz, otolaryngologist and surgeon; Dr. Parisima Taeb, internal medicine physician; John Cassani, Calusa Waterkeeper; Howard Simon, water quality expert; and Holley Rauen, Waterkeeper Ranger and retired public health nurse.

"Calusa Waterkeeper has been and continues to be focused on the scientific evidence, not the hype," Schulberg said. "When we raise a red flag, as we're doing here, it's because there is legitimate concern. We've gathered a prestigious panel of experts and created this movie so we can inform the public and healthcare professionals of appropriate precautions and actions to safeguard themselves, their loved ones, their pets and their patients."

A buffet dinner is included in the \$20 ticket price, with proceeds going toward the nonprofit Calusa Waterkeeper's scientific research and educational outreach efforts. Tickets are available at [www.bit.ly/2KIDkUT](http://www.bit.ly/2KIDkUT). A discount is available for Calusa Waterkeeper members.

Sponsors include Lee Health, the Southwest Florida Community Foundation, Broadway Palm Dinner Theatre and CONRIC PR & Marketing. Additional sponsorship opportunities are available. Email Schulberg at [kc@calusawaterkeeper.org](mailto:kc@calusawaterkeeper.org) to find out how to get involved.

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers. For the latest on Southwest Florida's water, visit [calusawaterkeeper.org](http://calusawaterkeeper.org) or on social media at [facebook.com/calusawaterkeeper](https://facebook.com/calusawaterkeeper), [twitter.com/calusawater](https://twitter.com/calusawater) or [instagram.com/calusawater](https://instagram.com/calusawater).

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SPORTS QUIZ

1. Who holds the New York Yankees pitching record for most appearances in a season?
2. Name the player before Joey Votto (2016-18) to start at least 202 consecutive games for the Cincinnati Reds.
3. Who was the first quarterback in Washington Redskins history to have three seasons of 25 or more TD passes?
4. Name the last time before the 2018-19 season (Kansas State, Texas Tech) that Kansas was not at least co-champion of the Big 12 men's basketball regular season?
5. Who was the only Toronto Maple Leafs player before Mitch Marner in 2019 to score on a penalty shot in the NHL playoffs?
6. Colton Herta, 18, became the youngest race winner in IndyCar history in 2019. Who had been the youngest winner?
7. When was the last time the French Open had a men's singles semifinalist older than Roger Federer (37 in 2019)?

ANSWERS

1. Paul Quantrill, with 86 in 2004. 2. Pete Rose started 370 consecutive games (1973-76). 3. Kirk Cousins (2015-17). 4. The 2003-04 season, when Oklahoma State was the regular-season champion. 5. Mats Sundin, in 1999. 6. Graham Rahal won a race in 2008. 7. It was 1968, when 40-year-old Pancho Gonzalez reached the semifinals of the French Open.



## Florida Tax Law Section Speaker

**H**enderson, Franklin, Starnes & Holt, PA Business & Tax Attorney Sara Qureshi recently spoke at the Florida Bar Tax Section Organizational Meeting during the 2019 Ullman Year in Review at the Omni Amelia Island Plantation Resort. She presented a brief update – from June 2018 to present – regarding Subchapter S Corporations and C Corporations, but mainly focused on the application of the proposed regulations for Section 163(j) of the Internal Revenue Code, which were issued by the Internal Revenue Service in November of last year.

Qureshi focuses her practice in business organization operations and planning, mergers and acquisitions, federal and state taxation, intellectual property and health care law. She is multilingual—fluent in Urdu and Hindi. Qureshi serves on the Abuse Counseling & Treatment, Inc.'s ("ACT") board of directors. She is also the social chair for the Lee County Bar Association Young Lawyers Division.

Qureshi is a graduate of Cape Coral High School. She obtained her bachelor



**Sara Qureshi** photo provided

of science degree in legal studies from Florida Gulf Coast University (magna cum laude) and her juris doctor from Barry University Dwayne O. Andreas School of Law (magna cum laude). Qureshi obtained her master of laws (LLM) in taxation from the University of Florida Fredric G. Levin College of Law, graduating at the top of her class.✱

## LeeSar Earns Distinguished Certification

**L**eeSar and Cooperative Services of Florida (CSF) has received certification from DNV GL Healthcare for their Sterile Processing Program with Lee Health affirming both organizations' commitment to excellence in sterile processing. LeeSar is the first off-site Sterile Processing center in the country to receive this certification.

"DNV GL certification provides affirmation that we have the resources and commitment to provide the best possible care for our surgical patients," said Scott Kashman, chief acute care officer at Lee Health. "It's a combination of the right partnerships, processes, equipment, personnel and training to exhibit excellence in sterile processing. Certification is not a requirement. Achieving certification validates all the effort put into this program to ensure the health and safety of our patients."

The DNV GL Healthcare Sterile Processing Program Certification is based on standards set forth by the DNV GL Healthcare standard and adherence to guidelines of the Association for the Advancement of Medical Instrumentation (AAMI) and the Association of



**Surgery** photo by Kat Velez

Perioperative Registered Nurses (AORN). It affirms that the organization addresses the full spectrum of sterile processing and establishes clear metrics to evaluate outcomes.

"Achieving certification shows commitment to excellence," said Patrick Horine, CEO of DNV GL Healthcare. "And it helps demonstrate to your community that you are performing at the highest level."✱

From page 19

## Meals On Wheels

donations and for volunteer help, especially in the summer months when many of their dedicated volunteers have gone north until the fall.

Meals on Wheels drivers are needed

daily to ensure no Southwest Florida senior goes hungry, and there are open routes that still need to be filled. To volunteer with Meals on Wheels or for more information, contact Volunteer Services Coordinator Rachell Mays at rachell@communitycooperative.com or call 332-7686 ext. 100.✱

## Attorney Named To Grievance Committee

**T**he Florida Bar has selected Dawn Maselli, a trial attorney for Associates and Bruce L. Scheiner, Attorneys, to serve on 20th Judicial Circuit Grievance Committee C, one of three bodies that investigates complaints of lawyer misconduct in Southwest Florida.

"We have the honor and privilege of representing clients who trust us," Maselli said. "I want to ensure that our responsibility to them is upheld."

The committee, made up of a handful of lawyers and nonlawyers alike, handles cases referred by Florida Bar discipline attorneys. Members investigate each case and meet to determine whether probable cause exists, much as a grand jury might do with a regular court case.

The investigations are usually complex and take between three and six months to complete. Still, Maselli is eager to dedicate her time over the course of her three-year term, which begins August 1 and runs through July 31, 2022.

"I am dedicated to facing each case with energy and enthusiasm while justly and fairly evaluating the facts and circumstances presented," Maselli said. "I will thoroughly investigate any case that I am asked to handle."

Maselli takes a keen interest in upholding the standards of



**Dawn Maselli** photo provided

professionalism and civility that the Florida Supreme Court and Florida Bar set forth. The bar also recently appointed her to its statewide Advertising Grievance Committee, which examines complaints of improper solicitation by attorneys.

Maselli is also a board member for the Southwest Florida Federal Court Bar Association and the Southwest Florida Trial Lawyers Association. She's a 2019-20 Florida Bar Leadership Academy Fellow and a member of the #KindLee Committee, a group affiliated with the Lee County Bar Association Foundation

continued on page 23

# GET CURED!

## PROLOTHERAPY CAN SAVE YOUR JOINTS!



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KATHERINE WORSNICK, MPAS, PA-C

ROSS HAUSER, MD



# Collection Event Raises Funds For PACE Center

Pace Center for Girls, Lee County recently raised more than \$10,000 during its Stetsons & Stilettos River District Love That Dress! collection event at the Burroughs Home & Gardens on July 17.

Co-chaired by Pace board members Brandie Fennell Duncan and Jennifer Nelson, the western-chic soirée featured rockin' country tunes with live music by Whiskey Bent, line dancing, food trucks, a mechanical bull and raffle prize drawings. More than 300 dresses were collected during the gathering to be sold at deeply discounted prices during Pace's 11th annual Love That Dress! event on August 21 at Embassy Suites in Estero.

All proceeds benefit Pace Center for Girls, Lee County, which provides academic programs and counseling services to girls and young women ages 11 to 18.✪



John and Robin Riccio photos provided



From left, Alina Gonzalez, Marilyn Santiago and Sherri Kubesh



Walter and Christie Braczynski



Arlene Kerpcsar and Liz Blundo



Gloria Tate and Rita Miller



From left, Denise and Art Monahan with Andrea and Brad Craft



From left, Susan Blust, Diana Willis, Jennifer Nelson and Mark Blust



Beautifulife:

## The View



by Kay Casperson

We all find ourselves looking outward for a view of some kind, whether it be a view from our kitchen window, living room or back porch. Many of us will ask for a table with a view

when dining out or a room with a view when traveling. So, what kind of a "view" are we all looking for? I know for sure that this answer will vary depending on who you are, how old you are, where you live or are visiting, and what your interests are. What I also know for sure is that the view we are all looking for is beautiful, peaceful, pleasant or special in some way to us.

Some people want a view that brings them comfort or a fond memory, while others want a view that excites them and brings them energy and vibrancy. Others are interested in looking at something that brings peace, tranquility and a sense of well-being.

Why is this outward view so crucial in our lives? My personal opinion about this is that so many times, we tend to look outward to find our inner peace instead of looking inside and creating peace, comfort, excitement and energy from within. I believe that all of this already exists within us, but we continuously look elsewhere to find it.

Now, don't get me wrong, I love a

great view and am also particular in what I prefer to look at outside my windows, restaurants and hotel rooms. I also believe, however, that we can have the view and perspective on life that we want anywhere and everywhere if we look within our hearts to find the peace and happiness that already exists.

Our views can be blocked and tainted by the choices we make in life in terms of people we surround ourselves with, places we dwell in and influences we listen to. Instead of creating our own views and perspectives, we tend to take on other people's and settle for that.

I believe that no matter where you live, what you do, how much money you have or who is in your life, you can create the view that will give you peace, comfort and will stimulate your senses whether in your own backyard, out your window or somewhere that you visit or travel to.

Your view, is in reality, your perspective and if you keep your perspective clear, positive and void of stress or negativity, the view outside your window and of life will forever be beautiful!

My affirmation for you this week is:

"I am completely in control of the view that I see wherever I look and can change it at any time depending on where I am, what I need and how I feel. My decisions create the outcome."

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit [www.kaycasperson.com](http://www.kaycasperson.com) or follow on social media @kaycasperson.\**

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** What is the difference between depression and grief?

**A:** Depression is a condition, an emotion that can be transformed. Some depression may be reactionary or there

may be a bio-chemical component that could require medication.

Also, a major transition in one's life can set off depression. These changes in routine can often come with fear and uncertainty, and can wreak havoc on your emotional stability and activate self-doubt.

Grief is a reaction to a loss that occurs in one's life. Loss can come in many forms: the death of a loved one, loss of a beloved pet, loss of a job, friend and the end of a relationship.

The best and really only way to overcome grief is to go through it. Because grief is painful, we as humans want to go around it, above it, below it, but the best way to heal from grief is to go through it. Healing does occur within time, and there is no set time because everyone grieves at their own pace. It's

important to try and let grief flow rather than speeding it along.

Regardless of depression or grief, it's important to know your risk-factors and access where the depression may be coming from and if it is contributing to grief. Specify areas in need of healing and take special care of yourself during these stressful times. For example, take the following shift to lift depression:

### Source of Depression

1. Hypercritical Parents
2. Financial Stress
3. Romantic Betrayal
4. Any Abusive Behavior

### New Hopeful Behavior

I'll affirm my attributes

I'll focus on making positive changes in the now

I'll take baby steps toward trusting again

I'll practice speaking up with safe, supportive people around me

You can identify what may be diminishing your spirit. You can learn to function in more expressive and expansive ways. Give yourself time to make progress and develop new behaviors that can recondition your psychological response to grief and depression.

*Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [drconstanceclancy@gmail.com](mailto:drconstanceclancy@gmail.com) or visit [www.drconstanceclancy.com](http://www.drconstanceclancy.com).\**

## Social Security Letters Not Too Good To Be True

Millions of Americans are receiving letters from the Social Security Administration about programs that could help pay their health care expenses, including 6,100 Lee County residents. Recipients of these letters are likely eligible for federal programs that can potentially cover the costs of prescriptions, copays, premiums and other Medicare expenses.

Although these letters may sound too good to be true, the Area Agency on Aging for Southwest Florida (AAASWFL) wants to reassure seniors that these letters from the Social Security Administration are legitimate. Recipients are encouraged to contact SHINE (Serving Health Insurance Needs of Elders) at AAASWFL to determine if they are eligible and receive application assistance.

SHINE Medicare counselors provide free, unbiased and personalized assistance with Medicare, Medicaid, prescription drug plans and long-term care insurance. Offered locally through the Area Agency on Aging, SHINE empowers seniors, their caregivers and family members to make informed decisions about health care coverage. SHINE is a volunteer program of the Florida Department of Elder Affairs and part of the national SHIP Program.

The cost-saving programs referenced in the Social Security letters include Extra Help, a low-income subsidy program for Medicare Part D prescription benefits. Other Medicare Savings programs include the Qualified Medicare Beneficiary

program (QMB) and the Specified Low-Income Medicare Beneficiary program (SLMB). Individuals with a monthly income below \$1,518 may be eligible for one or more of these programs, and couples with a monthly income below \$2,058 may qualify.

"About 12 million people nationwide use these programs to help cover the costs of medications, copays, deductibles and Medicare premiums," said Camilita Aldridge, AAASWFL's SHINE manager. "More than 17,000 people in Southwest Florida have received these letters. These programs can be a lifeline for older adults with limited incomes. Our SHINE counselors can help you apply and possibly save hundreds or thousands of dollars."

AAASWFL provides SHINE counseling services at locations across Southwest Florida. To make an appointment with a SHINE counselor, call AAASWFL's toll-free Elder Helpline at 1-866-413-5337. A list of counseling sites can also be found on the SHINE website at [www.floridashine.org](http://www.floridashine.org).

Currently celebrating its 40th year of service, Area Agency on Aging for Southwest Florida is a nonprofit organization serving Charlotte, Collier, DeSoto, Glades, Hendry, Lee and Sarasota counties. AAASWFL is the state's designated Aging and Disability Resource Center for Southwest Florida. The organization is committed to connecting older adults and adults with disabilities to resources and assistance for living safely with independence and dignity. In addition to SHINE, supported programs include the Elder Helpline, health and wellness programming, and elder abuse prevention education.

More information is available at [www.aaaswfl.org](http://www.aaaswfl.org).\*

## Airport Breaks Traffic Record For June

During June, 586,319 passengers traveled through Southwest Florida International Airport in Fort Myers, an increase of 7.4 percent compared to June 2018. Year-to-date, passenger traffic is up 9.4 percent compared to last year.

The traffic leader in June was Delta Air Lines with 153,972 passengers traveling to and from Fort Myers. Rounding out the top five airlines were Southwest (123,772), American (95,304), JetBlue (67,932) and United (53,464).

Southwest Florida International Airport had 4,804 aircraft operations, a decrease of 1 percent compared to June 2018. Page Field saw 8,583 operations, a 12.4 percent increase from June 2018. In addition, slightly more than 2.6 million pounds of air freight moved through Southwest Florida International Airport in June 2019.

Southwest Florida International Airport served nearly 9.4 million passengers in 2018 and is one of the top 50 U.S. airports for passenger

traffic. No ad valorem (property) taxes are used for airport operation or construction.

For more information, visit [www.flylcpa.com](http://www.flylcpa.com) or like us on Facebook at [www.facebook.com/flyrsw](http://www.facebook.com/flyrsw).\*

## Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 130 at Sanibel Community Church on Tuesdays from 5 to 6 p.m. and on Fridays at 4 p.m. For more meeting information, visit [www.southwestflea.org](http://www.southwestflea.org).

Sanibel Community Church is located at 1740 Periwinkle Way.\*

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## Attourney

that performs random acts of kindness in the community.

"To say we're proud of Dawn is putting it mildly," Trial Attorney PJ Scheiner said. "She's an ardent believer in the vast power of the attorney profession to do good in the world, and she's passionate about seeing that the power is used to its fullest and most altruistic extent."\*\*



# Knights Donate To Lifeline Center

Knights of Columbus, St Vincent De Paul Council 9618, made an \$11,350 donation to the Lifeline Family Center apartments Phase II in Cape Coral.

Grand Knight Frank Boudreault presented the check to Kathy Miller, Lifeline Family Center CEO. "This donation is a natural step in our Pro-Life support," said Boudreault. "These brave women who decide to raise their children need our help in establishing themselves both as parents and wage earners."

This one-of-a-kind housing project creates an opportunity for the young, single mother to grow her career and utilize the on-campus daycare facility. The goal is a successfully financially stable woman raising her family in a safe, loving environment.

The groundbreaking of the Phase II fourplex occurred on July 18.✽



Grand Knight Frank Boudreault and Kathy Miller photo provided

deaRPharmacist

# An MRI Contrast Dye Accumulates In The Brain



by Suzy Cohen, RPh

**D**ear Readers: Gadolinium is a silvery-white heavy metal that is injected into the body through a vein, and it is a contrast dye. Sometimes it is referred to as contrast media. They

help the radiologist see inside you. Gadolinium is like a flashlight in your body.

MRIs that require gadolinium can be ordered for many reasons including migraines, coronary artery disease, stroke evaluation, brain tumors, infections and cysts/tumors. Thousands of shots of gadolinium dye are administered to people each day.

Side effects may or may not occur. If they do, they are generally very mild like a headache, dizziness, pain at the injection site, prickling or burning sensation on the skin and sometimes nausea. These issues settle down within 24 hours as your body eliminates the drug from your kidneys. It helps if you take an analgesic and some detoxification supplements like glutathione, catalase and R-lipoic acid.

Gadolinium is in the news because the popular dye appears to be retained in the brain, raising safety concerns, especially for people who have multiple MRIs per year. More specifically, there has been a study regarding patients who have multiple sclerosis (MS), and these patients were tracked for five years starting from their diagnosis. Over the five years, the researchers found that a by-product of gadolinium called "gadodiamide" does, in fact,

accumulate in the brain. About nine percent of MS patients who received five doses or less did have accumulation in their dentate nucleus, which is involved in voluntary motor function and cognition. What is the clinical impact of this? No one is certain yet. The findings were published in a medical journal called *Neurology* in July 2019.

The study is causing controversy in the MS community for good reason. The MRIs are needed and useful, but the contrast dye might be harmful if used over and over. Should they get MRIs and, if so, is there another contrast dye to use? Is the dye necessary at all? Are all the MRIs necessary? Is the disease progression causing the brain to hold more, or is it 'sticking' to everyone's brain that gets injected with it? No one knows these answers. There are more questions than answers as of this writing. The study did not find any clear correlation between deposition of the dye in the brain and disability.

Radiologists nationwide must be beside themselves because, again, the dye allows them to provide more accurate results for you. If, for example, the doctor needs to locate an aneurysm, do you really reject the contrast dye?

Since the relationship of gadolinium with disease severity remains unclear, talk to your doctor about whether or not the radiologist needs the contrast dye. Sometimes they can see certain areas without it. If you have a history of kidney compromise, let them know at the imaging center. Every now and then, there's an extremely dangerous kidney complication, or life-threatening allergic reaction, but predicting who has a high risk for these problems is almost impossible.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.*✽

Doctor and Dietician

# Chilled Watermelon Soup



by Ross Hauser, MD and Marion Hauser, MS, RD

**C**hilled soups are delicious and refreshing, especially when the temperatures outside are soaring. This soup makes a lovely starter to a meal. Serve with chilled rose or Prosecco and a delicious green salad. We also like to use cantaloupe, honeydew and mangoes to make other chilled soups.

- Ingredients:
- 1 small watermelon, cubed
  - ¼ cup basil leaves
  - ¼ cup mint leaves
  - 1 Tbsp olive oil
  - Juice and zest of one lime
  - ½ cup white wine or Prosecco

Pinch of sea salt and fresh ground pepper  
Optional: Pinch of red pepper or cayenne  
Place watermelon and fresh herbs in a food processor or blender and blitz to puree. You will get about four cups of puree. Season with salt, pepper and red pepper. Add lime juice, zest and wine. Blitz to combine. Refrigerate and serve in chilled bowls with a dollop of crème fraiche and lime garnish.  
Chilled soups are a great way to provide guests or even yourselves with a delightful tantalizing treat for the taste buds that is refreshing, healthy and loaded with vitamin C.

Other options: If you would like to make more of a gazpacho out of this soup recipe, feel free to add finely chopped cucumbers, peppers, tomatoes and onions. I like to puree some of the tomatoes in with the watermelon and herbs to make more of a savory soup. If you like your soup a little thicker and creamier, feel free to add a spoonful of Greek yogurt or crème fraiche to the fruit blender mixture. Enjoy!

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.*✽

# Back To School Immunization Walk-In Clinic

**T**he Florida Department of Health in Lee County is reminding parents of kindergartners, seventh graders, out-of-state, transfer and college students to make sure their children's immunizations are up to date before the start of the new school year.

Beginning Monday, July 29, the department is hosting walk-in clinic hours to provide services only for back to school immunizations. All students are required to receive the Tdap booster before entering seventh grade. Children may receive the Tdap booster as early

as age 11.  
Vaccines are free of charge for children through age 18.  
Walk-in clinic hours are 8 a.m. to 4 p.m. from July 29 to August 2; 9 a.m. to 2 p.m. on August 3; 7 a.m. to 4 p.m. from August 5 to August 9; 7 a.m. to 4 p.m. on August 12; and 7 a.m. to 4 p.m. on August 13.  
Travel vaccinations will not be provided during the back to school immunization walk-in clinic hours. Normal business hours will resume, August 14 and appointments will be necessary for immunizations.  
The Florida Department of Health in Lee County is located at 3920 Michigan Avenue in Fort Myers. Follow us on Twitter at @HealthyFla and on Facebook. For more information, visit [www.floridahealth.gov](http://www.floridahealth.gov).✽

From page 1

# Artists Reception

are bright. His large works are simple, while the smaller works are filled with detail.  
Conolly's more recent paintings include "redefining" earlier works, some of which are one-of-a-kind prints, while others are something new. He has created a numbered series called Conolly's Folly.  
Altars, Shrines and Cabinets of Curiosities is an exhibit for artists to pay homage to loved ones, their muses, as points of power or religious focus. Some are mystical, while most are fashioned from found objects and created with found objects. The objects used in

the shrine are dear to the creator or connected to the deity or person in the altar. Cabinets of Curiosities can be a collection of notable objects encased in an altered cabinet. Collections can be historical, religious or antiques.  
Creating an altar, shrine or cabinet of curiosity is a sacred act of power and grace. These pieces create and show devotion, love and loss, and connect people with life energy. Expect to see an array of eclectic, surreal and whimsical altars, shrines and cabinets of curiosities.  
This exhibit continues through September 2.  
Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers. For more information, visit [www.artsforactgallery.com](http://www.artsforactgallery.com).✽



# PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

## Meowagain And Bob



Meowagain ID# A786199

**H**ello, my name is Meowagain. I earned my name because that is exactly what I do when you stop petting him – I meow again. I am a 2-year-old female domestic shorthair who is very affectionate and will roll around to get your attention. I definitely know how to 'make biscuits' and do so when I am content. I have quite the motor when I am happy and have quickly become a staff and volunteer favorite.

My adoption fee is \$10.

Hi, I'm Bob. I am a 7-year-old male labrador retriever/pit bull who is one of the Super Seniors this month. I am a handsome devil that is just starting to get my salt and pepper hair that LCDAS volunteers think give me the fine look of wisdom. I am one of those great dogs that will



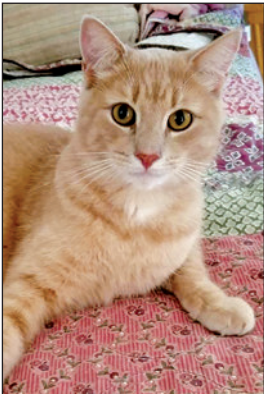
Bob ID# A566903

'talk' to you when I want to go outside, play or just have some quality time with you.

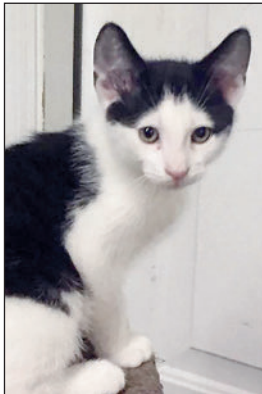
My adoption fee is \$10.

Celebrate this Independence Day month by allowing a new pet to enjoy the freedom of a forever home. Adoption fees will be reduced for the entire month of July. Adult dogs are just \$30 to adopt; cats are \$10; and kittens are \$20. In addition, cats and kittens are two-for-one; adopt one and take home a second feline friend at no additional charge. Animal Services is getting filled with big dogs so for the rest of July you can make a 'Pit Stop' and adopt any large breed for just \$10 with an approved application!

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at [www.leegov.com/animalservices](http://www.leegov.com/animalservices) or call 533-7387.\**



Chester



Dallas

Haven on Earth Animal League

## Chester And Dallas

**H**i, I'm Chester and I'm a sweet, quiet guy. I'm very good with other cats and only about 3 years old. I'm looking for a home to call my own. Come see me at Petco in Gulf Coast Town Center. I'm up-to-date on vaccines, neutered and have a microchip. My adoption fee is \$100.

Hello, I'm Dallas. I'm only 3 months old and I'm looking for someone to love me forever. I'm a cute little black-and-white boy and I look like I'm wearing a hat. I'm neutered and up-to-date on vaccinations. I'm currently staying at Petsmart on Six Mile Cypress. Come see me and take me home. My adoption fee is \$125.

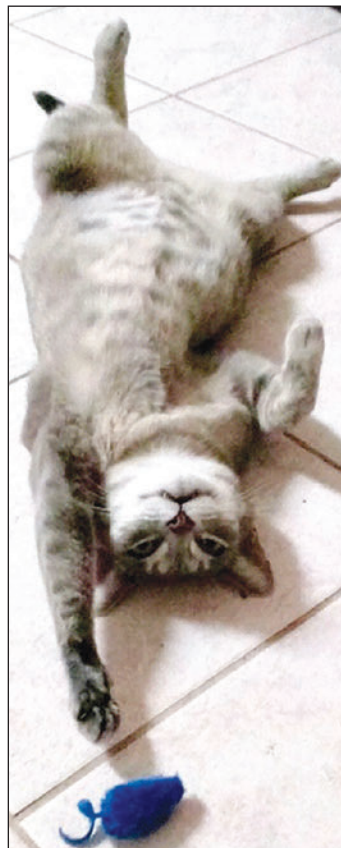
*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email [haveneearthanimalleague@yahoo.com](mailto:haveneearthanimalleague@yahoo.com).\**

PAWS Of Sanibel

## Sweetie Pie

**P**AWS has a beautiful young mother cat up for adoption. Her name is Sweetie Pie and she is approximately one year old. She has had all her shots, was combo-tested negative, wormed, treated for fleas and had spay surgery.

All of her kittens have been adopted and now she is wandering around wondering where everyone went. If you would like to meet Sweetie Pie, call Pam at PAWS, 472-4823.\*



Sweetie Pie



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

### ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphon Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

### CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

### AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
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PUZZLES

Answers on page 29

Super Crossword

SCRAPING FOR A MEAL

- ACROSS
- 1 Letters with twists

6 "For want of — the horse was lost"

11 "Fernando" quartet

15 Tax-deferred svgs. plans

19 Not express, as a train

20 Daring feat

21 Briny expanses

22 Roman historian

23 Start of a riddle

25 Back talk

26 Caustic compounds

27 "Silkwood" star Meryl

28 Hail, mostly

29 Papier- —

30 iPod option

31 Riddle, part 2

35 700, to

22-Across

38 — -Julie, Que.

39 Morays and congers

40 Lays away

41 Momentous stretches

43 "Silence!"

46 Skinny

48 Six-pt. scores
- 49 Riddle, part 3

53 One of Isaac's twins

57 Prenatal exam, briefly

58 "I'm so hungry I could — horse!"

59 J.D. Salinger title girl

60 Old Russian overlords

61 Movie house, in Spanish

63 Moreno of movies

65 Moo — pork

67 Rural tract

68 Riddle, part 4

74 Jackie O's Onassis

76 Feel lousy

77 — Alto, California

78 Old — (Disney dog)

81 Ridge on a fingerprint

83 — mater

87 Gilbert of "Roseanne"

89 Go away

90 Individual

91 Riddle, part 5

94 Sothern of "Blind Date"

96 "Nuts!"
- 97 "Scat, cat!"

98 Email button

99 Flashy keyboard composition

103 Ruess of the band Fun

105 German city where Einstein was born

107 Real mess

108 End of the riddle

113 Prefix with presence

114 Shutter parts

115 — de plume

116 Privy to the plot

120 City in Texas

121 El — (city in Texas)

122 Riddle's answer

124 "Son of —!"

125 Kuwaiti, e.g.

126 — Lodge motels

127 Fashion's Oscar

128 Deep wishes

129 Parcel (out)

130 Halt

131 Bar seat
- 3 Injury vestige

4 Loosens up

5 Rains down cold pellets

6 Stubborn

7 Unemotional

8 Intuitive feeling

9 Cyclops' facial feature

10 Sched. guess

11 Lee Harvey Oswald and others

12 Shore area

13 Big parties

14 Approve

15 Infirmities

16 Capital of Saudi Arabia

17 Broad road

18 B-board admins

24 Indifference

29 "Thoroughly Modern —"

32 Don't throw away, maybe

33 Study fixture

34 The old man

35 Trim, as meat

36 Perjury, e.g.

37 Pink flower

42 Actress Jaclyn
- 44 Initiate

45 "Begin the tune!"

47 "Get Shorty" studio

50 Parent of Maybelline

51 Roman orator

52 Musician John

54 Habitats for brine shrimp

55 Live

56 USSR's Cold War rival

60 Mississippi city

62 Far Eastern sash

64 Gig gear

66 "Over here!"

69 Kingly name in Norway

70 Oven for drying hops

71 Weak spots

72 Shul text

73 Butter alternatives

74 Piercing tool

75 Pi-sigma link

79 Occurrence

80 "Angie Baby" singer Helen

82 Knee jerks, e.g.

84 British "Inc."

85 Destined

86 Orderly groupings
- 88 Nary — (no one)

91 Serving to block junk email

92 Obsessed by

93 Sheltie relative

95 Hanoi's home, briefly

99 Having give-and-take

100 Measure of resistance

101 Mexican resort on the Yucatán

102 Blindingly bright

104 One of JFK's sisters

106 Coal diggers

109 Tears into

110 Chocolate quaff

111 Church cries

112 Flat rental sign

117 Taboo deed

118 "... as — say ..."

119 Popular cookware brand

122 "Parks and —" (NBC series, for short)

123 "The Raven" poet

1	2	3	4	5		6	7	8	9	10		11	12	13	14		15	16	17	18	
19						20						21					22				
23						24						25					26				
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108								109					110	111				112			
113						114						115				116			117	118	119
120							121								123						
124							125					126					127				
128							129					130					131				

King Crossword

- ACROSS
- 1 Periodicals, for short

5 Cistern

8 Last writes

12 Guitarist Clapton

13 Brewery product

14 Infamous Roman

15 Genesis maker

16 Fan of classical music

18 Barbershop job

20 Stir up

21 Get on in years

22 Lubricate

23 Synagogue VIP

26 Hew

30 Swelled head

31 Write in the margins

32 Pod denizen

33 On the — (secretly)

36 Caulking material

38 A billion years

39 2,000 pounds

40 Angry dog's sound

43 Sleazy sort

47 Throughout your time

49 Rewrite, maybe

50 Satan's spe-
- 9 Suitor

10 Eye part

11 Ripped

17 Sandlike matter

19 Modern film trickery

22 Chic no more

23 Scarlet

24 In earlier times

25 Violinist's need

26 Calf's mom

27 Choose, with "for"

28 Drenched

29 Aye opponent

31 "The Daily Show With — Stewart"
- 34 Staircase posts

35 Lounge around

36 "Bam!"

37 Except if

39 Forum garb

40 Singer

41 Split apart

42 "Think nothing —"

43 Takeoff's opposite (Abbr.)

44 Concept

45 Some evergreens

46 Greek vowels

48 LummoX
- cialty

51 Oklahoma city

52 Antitoxins

53 Trawler gear

54 Three-pointers in football (Abbr.)

55 Back talk
- DOWN
- 1 Netting

2 Vicinity

3 Leslie Caron role

4 Sacred beetle

5 Price

6 Greatly

7 Roman X

8 Waiting for the operator

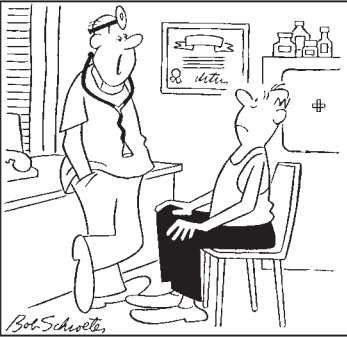
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F	C	B	Z	W	T	Q	N	S	A	K	I	E	F	C
Z	W	O	U	R	P	M	J	I	M	H	L	E	C	Z
X	U	O	S	Q	N	R	K	K	K	K	L	J	G	E
C	Z	K	X	V	E	I	K	O	O	B	Y	A	D	T
R	P	S	N	K	D	E	K	O	O	B	D	N	A	H
L	J	T	O	H	E	C	B	B	B	B	A	Y	W	V
T	R	O	P	N	L	E	K	K	Y	I	G	G	E	C
B	B	R	Z	X	S	W	U	O	P	S	R	O	P	O
M	L	E	T	A	L	P	K	O	O	B	E	U	L	B
J	I	G	C	E	D	B	A	C	C	Y	X	W	U	T

Find the listed words in the diagram. They run in all directions listed forward, backward, up, down and diagonally

- Blue book
- Booked
- Booker
- Bookie
- Bookish
- Booklet
- Bookman
- Bookplate
- Bookstore
- Casebook
- Cookbook
- Copybook
- Daybook
- E-book
- Handbook





"Look on the bright side—you won't be  
bothered by \_\_\_\_\_"

salesmen anymore."  
answer on page 31

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Laud       
**ARMIED**       
 Cause       
**DUNCIE**       
 Lounce       
**ZEAL**       
 Mean       
**DINES**

**TODAY'S WORD**

	7				1		9	
9		8		5		3		
		4	3			1		5
7					3	8		
		6	7	8			1	
	8		9					2
6	3				5		4	
		9	6				8	7
	4			2		6		

## SUDOKU

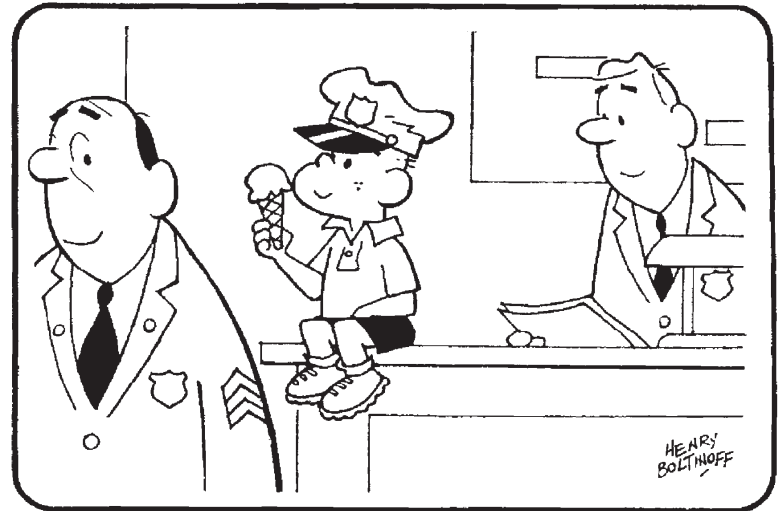
**To play Sudoku:**

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

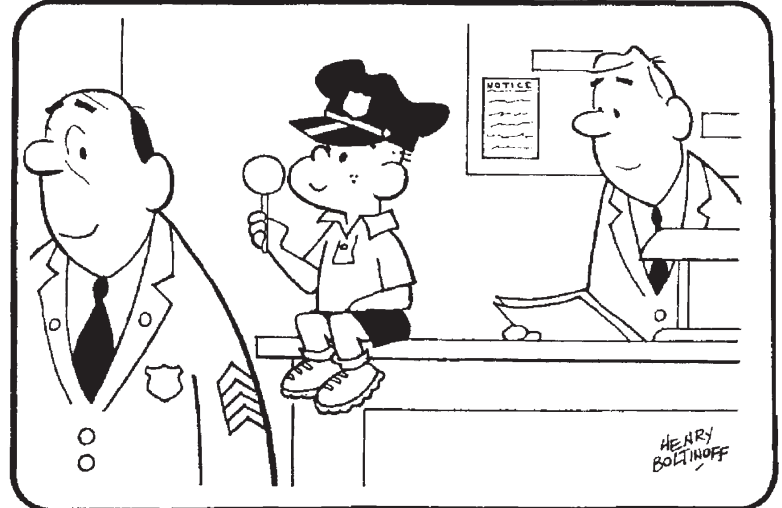
answer on page 29

## HOCUS-FOCUS

BY  
HENRY BOLTINOFF



**FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS**



Differences: 1. Boy's hat is black. 2. Notice added to bulletin board. 3. Boy is holding a lollipop. 4. Officer has four stripes. 5. Officer has two buttons. 6. Desk sergeant's badge is missing.



### Grilled Steak and Avocado Salad

1 steak (your favorite cut), grilled and sliced

1 avocado, grilled and sliced  
1 ear sweet corn, grilled and cut off cobb

2 tomatoes, cut into wedges

1 red onion, sliced thin

1 (5-ounce) package arugula

6 ounces crumbled blue cheese

4 tablespoons balsamic vinegar

½ cup olive oil

1 tablespoon Dijon mustard

Sea salt and fresh ground pepper, to taste

In a small bowl combine vinegar, mustard, ¼ teaspoon salt, and ¼ teaspoon black pepper. Slowly drizzle in olive oil, while whisking. Store in refrigerator until ready to assemble salad.

Preheat grill to high. Season steak, avocado, and corn with salt and pepper. Sear steak for 3-4 minutes on both sides



### Grilled Steak and Avocado Salad

(for medium rare), sear each avocado half for 2-3 minutes, sear corn for 3-4 minutes or until desired char is reached. Allow ingredients to cool then slice

steak, cut corn off cob, and thinly slice avocado.

In a large bowl toss greens, tomatoes, and onions in just enough

photo courtesy Fresh From Florida

vinaigrette to lightly coat. Arrange steak, avocado, and corn over greens. Add crumbled blue cheese and serve family style or individual servings.✪



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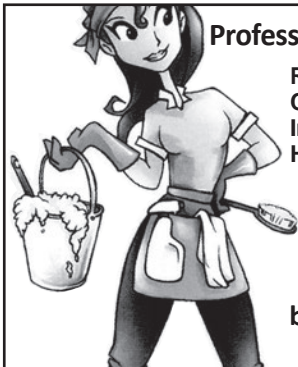
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July 19, 2019

Place Classified



## My Stars ★★★★★

**FOR WEEK OF JULY 29, 2019**

**Aries** (March 21 to April 19) Your honesty is, as always, admirable. But you might want to be more tactful in discussing a sensitive issue with a family member. Remember: You can give advice without giving offense.

**Taurus** (April 20 to May 20) An unexpected workplace snag should be handled quickly and efficiently so that it leaves you time for family get-togethers. Also, you might soon get that long-sought apology.

**Gemini** (May 21 to June 20) Aspects favor family matters, especially where children might be involved. Spending time with loved ones helps restore some much-needed balance to your typically busy schedule.

**Cancer** (June 21 to July 22) That seemingly clear-cut agreement might not be quite so straightforward after all. Recheck for language that could make you liable for hidden costs and other unpleasant surprises.

**Leo** (July 23 to August 22) Careful, Kitty. Better to deal with someone with proven reliability than with a big talker who promises much but can't confirm that he or she will deliver. Your social life really zings this weekend.

**Virgo** (August 23 to September 22) Your matchmaking skills are at peak performance levels both in helping to staff workplace teams for upcoming projects and for bringing people together on a more personal basis.

**Libra** (September 23 to October 22) You're finally seeing some progress with your new venture. But be prepared for it to continue at a slower pace than you're used to. Meanwhile, a loved one could be preparing a surprise.

**Scorpio** (October 23 to November 21) A family member's success pulls you into the spotlight as well. Enjoy it, but don't let it overshadow or otherwise obstruct what you're doing with your own creative projects.

**Sagittarius** (November 22 to December 21) Using what you already know might not be quite enough to get a proposed project off the ground. Look for any new information that might help tilt the scales in your favor.

**Capricorn** (December 22 to January 19) Good news: While a changing workplace environment can





1. Peru 2. Baltimore 3. Maine 4. Charles I  
5. Petula Clark 6. Venus 7. 10 8. Six. Larry,  
Moe, Shemp, Curly, Joe and Curly Joe. 9. Edna  
Ferber 10. Light blue



# August Programs At Regional Library

Next month’s roster of activities at Lakes Regional Library offers topics for all ages. The following activities are free to the public:

- Adult Programs**  
Local Author David Gaggin: 2 p.m. Tuesday, August 6 – Local author David Gaggin, NASA engineer and host of *The Common Sense Spirituality Show* on iHeart Radio, will discuss his book *The Endless Journey: A Unique Perspective on Mankind’s Origin, Purpose and Ultimate Destiny*. Registration required.
- English Café: 6 p.m. Mondays, August 12, 19, 26 – Free, informal conversation sessions for adult ESOL/ESL students.
- Coloring for Adults: 2 p.m. Tuesdays, August 13, 27 – Researchers and art therapists alike tout the calming effects of coloring, and adults have found this childhood activity a refreshing way to release their creativity, relieve stress and meet other participants. Coloring pages designed especially for adults, as well as colored pencils, will be provided.
- Book Discussion *I’ll Be Gone in the Dark* by Michelle McNamara: 2 p.m. Wednesday, August 14 – For more

than 10 years, a mysterious and violent predator committed 50 sexual assaults in Northern California before moving south, where he perpetrated 10 sadistic murders. Then he disappeared, eluding capture by multiple police forces and some of the best detectives in the area. Three decades later, Michelle McNamara, a true crime journalist, was determined to find the violent psychopath she called “the Golden State Killer.” This masterpiece that McNamara was writing at the time of her sudden death, offers an atmospheric snapshot of a moment in American history and a chilling account of a criminal mastermind and the wreckage he left behind. Registration required.

Art Display *Ever Green* by Herblock: August 15 to 31 – Available during normal library operating hours – Come and see the featured art display from Herblock Traveling Exhibitions. Herblock’s powerful cartoons center on the environment, a subject he began addressing during the 1920s and the Great Depression. Inspired by Theodore Roosevelt and Ding Darling, Herblock cared deeply about the environment. His work on issues about wildlife, wilderness and natural resources are as relevant today, as they were in the past.

Download Drop-In: 2 p.m. Wednesday, August 21 – Receive personalized help downloading e-books, movies, music and more from Overdrive and Hoopla, two

of Lee County Library System’s largest online content providers. Bring your fully charged tablets, phones, e-readers and other digital devices for a hands-on help session. Note: Bring any passwords you may need for downloading apps. Kindle users will also need an Amazon account and their password for accessing it.

**Children’s Programs**  
Kids Read Down Fines: 2 to 3 p.m. Saturday, August 3 – Children and teens can earn a \$2 credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons younger to charges on overdue materials. Bring your library card.

Books and More: 6 p.m. Tuesday, August 20 – Enjoy a story plus more. We will explore a book and then do a project to get our creative juices flowing. Dress for mess. For ages 2 to 12. Registration begins July 30. Register each child individually. Your reservation is guaranteed only until the start of the program.

Preschool Racetrack Fun: 10:30 a.m. Wednesday, August 21 – Zip and zoom with toy cars and homemade racetracks. For ages 2 to 5. Registration begins July 31. Register each child individually. Your reservation is guaranteed only until the start of the program.

Special Needs Storytime: 10 a.m. Saturday, August 24 – This storytime emphasizes books, music and sensory

experiences designed for children with special needs. The library’s welcoming environment will create a positive experience for children. Each child must be accompanied by a parent or caregiver, who will be an active participant in the program. Class size is limited to 10 children, plus their parents or caregivers. For children ages 3 to 12 with special needs. Registration begins August 3.

Baby Rhyme Time: 10 a.m. Monday, August 26 – For babies up to 18 months. During this special storytime, you and your baby will learn new nursery rhymes and fingerplays, interact with puppets, sing, read books and dance. Pick up a Storytime Ticket at the Youth Services desk the morning of the program. Space is limited.

Toddler Tales: 11 a.m. Monday, August 26 – For ages 18 to 36 months. This interactive and active time for toddlers and their caregiver is designed to advance prereading and social skills. They’ll experience storytelling, wordplay, felt board stories, fingerplays, puppets, singing, music-making, socializing, dancing and, of course, books. Pick up a Storytime Ticket at the Youth Services desk the morning of the program. Space is limited.

Family Storytime: 10 a.m. Wednesday, August 28 – For children up to age 5. Your whole family is invited to this enjoyable, all-ages storytime that encourages the development of prereading

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skills through songs, rhymes, fingerplays and stories. Pick up a Storytime Ticket at the Youth Services desk the morning of the program. Space is limited.

Preschool Storytime: 11 a.m. Wednesday, August 28 – For ages 3 to 5. Children attend this program independently while the caregiver waits nearby. Your preschooler will continue to build relationships with other kids, books and the library in a storytime designed specifically for them. The stories and activities are more complex, but just as fun. Pick up a Storytime Ticket at the Youth Services desk the morning of the program. Space is limited.

Mindful Me: 4 p.m. Thursday, August 29 – Join in on a relaxing experience as the body, heart and mind is united through yoga stretches, stories and quiet activities using our senses. For grades kindergarten through fifth grade. Sponsored by the Friends of Lakes Regional Library. Registration begins August 8.

Teen Programs

Kids Read Down Fines – 2 to 3 p.m. Saturday, August 3 – Children and teens can earn a \$2 credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and younger only and applies only to charges on overdue materials. Bring your library card.

Make an Impact: Earn Service Hours at Your Library: 2 to 4 p.m. Saturday, August 24 – Have fun, get creative and earn service hours in the process. Put a smile on someone’s face when you jazz-up plain brown paper grocery bags to be donated to the Gladiolus Food Pantry.

For children and teens in grades 6 to 12. Drop in any time between 2 to 4 p.m. All supplies will be provided. Sponsored by the Friends of the Lakes Regional Library.

Library operating hours are Monday through Wednesday, 9 a.m. to 8 p.m.; Thursday, 9 a.m. to 6 p.m.; Friday and Saturday, 9 a.m. to 5 p.m.

The Lakes Regional Library is located at 15290 Bass Road in Fort Myers. For more information about a program or to register, call the library at 533-4000. Check the Lee County Library System’s website at [www.leelibrary.net](http://www.leelibrary.net) to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.

In accordance with the Americans with Disabilities Act, Lee County will not discriminate against qualified individuals with disabilities in its services, programs or activities. To request an auxiliary aid or service for effective communication or a reasonable modification to participate, contact Joan LaGuardia, 533-2314, Florida Relay Service 711, or [jlagua@leegov.com](mailto:jlagua@leegov.com). Accommodation will be provided at no cost to the requestor. Requests should be made at least five business days in advance.✪

From page 11  
CROW Case

Officials at Peace River Wildlife Center were able to transfer a yellow-crowned night heron chick that was a similar age and weight to the CROW patient.

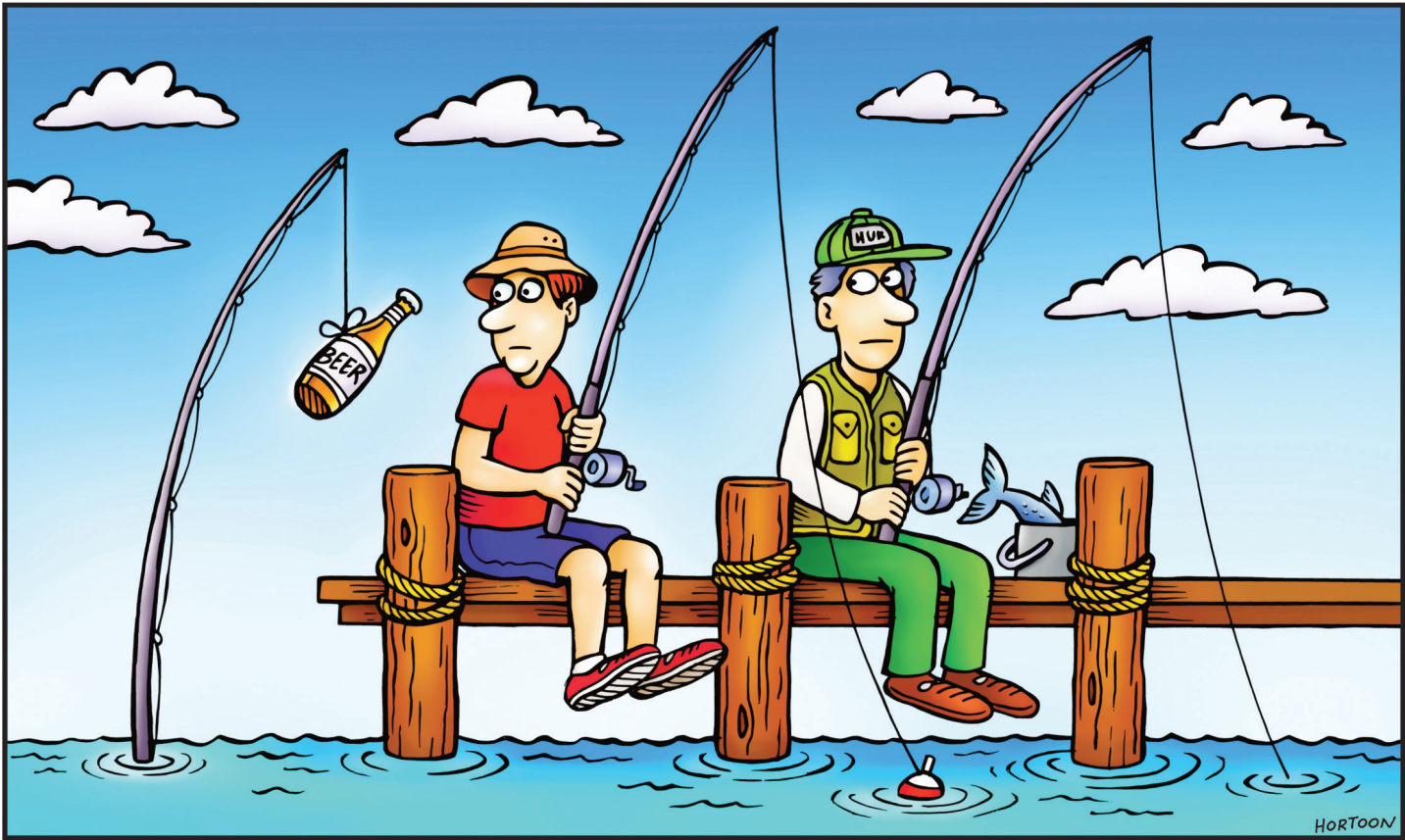
“Without these partnerships, we would not be as successful with certain cases,” said Frankel. “There are many different reasons we transfer patients in or out and, if we did not have such good working relationships with fellow clinics, our patients would not get the best care that they deserve. We strive to offer everything a patient could ever need, but sometimes that is not possible without the help of other wildlife rehabilitation centers.”

The young night herons will be raised together until they are old enough to be released.

“Both heron babies will stay at CROW until they have proved they can survive in the wild. They both must be able to hunt live fish, find enough food to survive and show appropriate flight abilities. They will go through live prey testing and flight testing over the course of the next month to develop these skills,” said Frankel. “Once they are ready for release, they will be released together in a suitable habitat that commonly sees both yellow-crowned and black-crowned night herons.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).✪

HORTOONS



SCRAMBLERS

- 1. Admire; 2. Induce;
- 3. Laze; 4. Snide

Today’s Word  
INSURANCE

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Metes And Bounds	Captiva	1954	2,058	\$5,250,000	\$4,900,000	249
Seaspray Subdivision	Sanibel	1983	3,347	\$2,990,000	\$2,650,000	217
Metes And Bounds	Captiva	1999	3,608	\$2,695,000	\$2,316,055	547
Pine Island Shores Unit 4	St. James City	2003	3,251	\$999,000	\$925,000	43
Gulf Pines	Sanibel	1973	2,408	\$995,000	\$878,750	57
Shell Harbor	Sanibel	1969	1,754	\$985,000	\$920,000	35
Edgewater	Fort Myers	1998	3,472	\$969,000	\$885,000	147
Whiskey Creek Estates	Fort Myers	1986	4,331	\$910,000	\$850,000	222
Hidden Harbor	Fort Myers	2017	2,836	\$899,000	\$855,000	396
Gumbo Limbo	Sanibel	1985	2,532	\$889,000	\$835,000	130





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